

**Suggested Usage:** Take 1 capsule daily with a meal.

Niacinamide (Vitamin B-3) is a form of Niacin, a water soluble B-Vitamin. It is a derivative of Niacin that does not cause the "flush" normally associated with taking high doses of Niacin. Niacinamide is readily converted into the bioactive forms of Niacin, NAD<sup>+</sup>, NADH, NADP, and NADPH, which are vital cofactors in cellular energy production and are critical for the maintenance of DNA stability.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (liver problems, stomach ulcers, diabetes, gout, etc.). Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 0478 V4



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# Niacinamide

## 500 mg

**Energy Production\***

Vitamin B-3, No Flush

**100 Capsules**

A Dietary Supplement

Non-GMO

**Vitamins**

*Family owned since 1968.*

## Supplement Facts

Serving Size 1 Capsule

|                                          | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------|-----------------------|------------------|
| Niacin (as Niacinamide)<br>(Vitamin B-3) | 500 mg                | 3125%            |

Other ingredients: Gelatin (capsule) and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Niacinamide and Niacin are two different forms of Vitamin B-3. Niacinamide does not cause a Niacin flush.

Store in a cool, dry place after opening.

Please Recycle.

