

ITEM #74

TC #65421002

DIRECTIONS: Take one tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light and moisture.

Store at 15-30C (59-86F).

DO NOT PURCHASE IF SEAL IS BROKEN.



MADE IN THE U.S.A.

WINDMILL™

Daily-Vitamin Maximum Formula

NO
COLOR
ADDED

Multi-Vitamin With Minerals

COMPARE TO ONE A DAY MAXIMUM + MINERALS®†

**DIETARY SUPPLEMENT
100 TABLETS**

NO sugar, starch, yeast, wheat,
artificial colors, flavors or preservatives

Supplement Facts Serving Size: 1 tablet

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl acetate and 77% as beta-carotene)	5,000 IU	100
Vitamin C (as ascorbic acid)	60 mg	100
Vitamin D (as cholecalciferol)	400 IU	100
Vitamin E (as dl-alpha-tocopheryl acetate)	30 IU	100
Vitamin K (as phytonadione)	25 mcg	31
Thiamin (as thiamin mononitrate)	1.5 mg	100
Riboflavin	1.7 mg	100
Niacin (as niacinamide ascorbate)	20 mg	100
Vitamin B-6 (pyridoxine HCl)	2 mg	100
Folate (as folic acid)	400 mcg	100
Vitamin B-12 (as cyanocobalamin)	6 mcg	100
Biotin	30 mcg	10
Pantothenic acid (D-calcium pantothenate)	10 mg	100
Calcium (as dicalcium phosphate)	162 mg	16
Iron (as ferrous fumarate)†	18 mg	100
Phosphorus (as dicalcium phosphate)	125 mg	13
Iodine (as potassium iodide)	150 mcg	100
Magnesium (as magnesium oxide)	100 mg	25
Zinc (as zinc oxide and zinc sulfate)	15 mg	100
Selenium (as sodium selenate)	20 mcg	29
Copper (as copper sulfate)	2 mg	100
Manganese (as manganese sulfate)	3.5 mg	175
Chromium (as chromium amino acid chelate)	65 mcg	54
Molybdenum (as sodium molybdate)	160 mcg	213
Chloride (as potassium chloride)	72 mg	2
Potassium (as potassium chloride)	80 mg	2
Boron (as boron citrate)	150 mcg	*
Nickel (as nickel sulfate)	5 mcg	*
Silicon (as sodium metasilicate)	2 mg	*
Tin (as stannous chloride)	10 mcg	*
Vanadium (as sodium metavanadate)	10 mcg	*

*Daily value not established

Other Ingredients: microcrystalline cellulose, croscarmellose sodium, stearic acid, silica, magnesium stearate, guar gum and pharmaceutical glaze.

† One A Day + Minerals is a registered trademark of Miles Inc., Elkhart, IN 46515.

Contains milk.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

Manufactured by Windmill™ Health Products
West Caldwell, NJ 07006