

**SUPER STRENGTH****Super Magnesium  
375mg with  
Vitamin B Complex**Advanced support for  
bones, muscles & energy**120 Tablets****Product Information**

This essential trace mineral contributes to the maintenance of healthy bones and muscles. Combined with an exciting B vitamin complex, this advanced formula can provide a much needed boost to energy levels.

**Ingredients - Each Tablet Contains:**

Magnesium 375mg (100% RDA), Vitamin C 40mg (50% RDA), Vitamin B3 (Niacin) 8mg (50% RDA), Vitamin B5 (Pantothenic Acid) 6mg (100% RDA), Vitamin B6 (Pyridoxine) 1.4mg (100% RDA), Vitamin B2 (Riboflavin) 700mcg (50% RDA), Vitamin B1 (Thiamine) 550mcg (50% RDA), Vitamin B12 1.25mcg (50% RDA), Folic Acid 100mcg (50% RDA), Biotin 25mcg (50% RDA). Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate.

**Suggested Daily Intake**

Take one to two tablets daily as a food supplement or as directed by a healthcare professional.

**Important Information**

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Suitable for Vegetarians. Image is for illustration purposes only. Food supplement: This product should not be used as a substitute for a varied diet.

**AutoDespatch**

SAVE 10% and get FREE P&P on all repeat orders by having your favourite supplements conveniently scheduled and delivered automatically with our unique AutoDespatch system.

**Same Day Despatch**

We will ensure your order is despatched on the day of receipt (when placed before 12.30pm) and that all orders placed after 12.30pm are despatched on the next working day. All sent 1st class!

**PriceMatch Guarantee!**

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