

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

resVida® resVida® is a trademark
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Setria® Setria® is a trademark of
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* These statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure, or prevent any disease.



GNC

PREVENTIVE NUTRITION®

Enhanced Sleep FORMULA

**SCIENTIFICALLY FORMULATED
NUTRITION SOLUTIONS**

- Features premium sleep support blend with melatonin*
- Promotes a sense of calm & relaxation*

DIETARY SUPPLEMENT
60 CAPSULES



CODE 706711

Directions: As a dietary supplement, take two capsules before bedtime.

Supplement Facts

Serving Size Two Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	30 mg	50%
Vitamin B-6 (as Pyridoxine Hydrochloride & Pyridoxal-5-Phosphate)	2 mg	100%
Folic Acid (as Folic Acid & 5-Methyltetrahydrofolate)	100 mcg	25%
Magnesium (as Magnesium Aspartate)	20 mg	5%
Zinc (as Amino Acid Chelate)	10 mg	67%

Amount Per Serving	% Daily Value	
Calming & Relaxation Complex	400 mg	*
L-Theanine	200 mg	*
Valerian Root Powder (<i>Valeriana officinalis</i>), Lemon Balm Extract (<i>Melissa officinalis</i>) and Passion Flower Herb Powder (<i>Passiflora incarnata</i>)	200 mg	*
Sleep Support Blend	205 mg	*
GABA (gamma-Aminobutyric Acid)	200 mg	*
Melatonin	5 mg	*
Antioxidant Replenishment Blend	50 mg	*
alpha-Lipoic Acid	25 mg	*
Setria® L-Glutathione	25 mg	*
Circulation Optimizing Blend	30 mg	*
resVida® trans-Resveratrol	30 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, Gelatin, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silicon Dioxide, Titanium Dioxide (Natural Mineral Whitener), FD&C Blue #1.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Conforms to USP <2091> for weight. Meets USP <2040> disintegration. No Sugar, No Artificial Flavors, No Wheat, Gluten Free, No Soy, No Dairy.



GLUTEN
FREE

IRG