Conforms to USP <2091> for weight

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

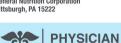
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Technologies.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM

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ENDORSED*

'In a randomized, double-blind, placebe-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of 8 vitamins (thiamin, inacin, nboffavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, apha-tocophero), selentium, Lutein and lycopene). Statistical improvements in SF-38 Vitality and Mental Health scores were also observed compared to placebo.

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingents and are manufactured under the strictest quality controls.



WOMEN'S ULTRA MEGA® Active without Iron



More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

Women's Health

Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin. Helps support bone health.*

Shown to improve levels of key B vita

Shown to improve levels of key B vitamins[^] essential for energy production.*

Recovery

Packed with ingredients to help fight free radicals that can be produced from your workout.*

Antioxidants

Includes antioxidants for cell protection and stress defense.*

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.





WOMEN'S ULTRA MEGA® Active without Iron

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN'

- Energy Production
- Recovery
- Antioxidants



Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets Servings Per Container 45

Amount Per Serving	% !	% Daily Value	
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU	100%	
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)			
Vitamin D (as Cholecalciferol D-3)			
/itamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%	
/itamin K (as Phytonadione)	80 mcg	100%	
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)			
Riboflavin (Vitamin B-2)	50 mg	2941%	
Viacin (as Niacinamide & Niacin)	50 mg	250%	
/itamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%	
Folic Acid			
/itamin B-12 (as Cyanocobalamin)	50 mcg	833%	
Biotin			
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%	
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg	509	
odine (as Potassium Iodide)	150 mcg	1009	
Magnesium (as Magnesium Oxide)	100 mg	259	
Zinc (as Zinc Oxide)	25 mg	1679	
Selenium (as L-Selenomethionine)	200 mcg	2869	
Copper (as Copper Sulfate)	2 mg	1009	
Manganese (as Manganese Sulfate)	2 mg	1009	
Chromium (as Chromium Chloride)	120 mcg	1009	
Molybdenum (as Sodium Molybdate)			
Super Antioxidant Blend			
alpha-Lipoic Acid			
Lutemax® 2020 Lutein	2 mg		
Lycopene			
Turmeric Root Extract (Curcu/WIN")(Curcuma longa)(Standardized to Curcum			
Zeavanthin (as Zeavanthin Isomers)			
Astaxanthin (from Haematococcus pluvialis)			
beta-Cryptoxanthin	10 mcg		
Performance Energy & Metabolism Blend			
Green Tea Leaf Extract (Camellia sinensis)(Standardized to EGCG)	30 mg		
Choline (as Choline Bitartrate)	10 mg		
Betaine (Trimethylglycine)	10 mg		

Silica (as Silicon Dioxide) . Hyaluronic Acid (as Sodiur * Daily Value not established

Boron (as Sorlium Borate)

Joint & Skin Support Blend

MSM (Methylsulfonyl-methane)

Vanadium (as Sodium Metavanadate)

Grape Seed Extract (Vitis viniferal/Standardized to Polyphenols)

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.