

Conforms to USP <2091> for weight.

No Artificial Colors, No Artificial Flavors, No Wheat, No Dairy, Yeast Free.



¹In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

²Diets low in saturated fat and cholesterol that include two servings of a dietary supplement that provide a daily total of at least 800 mg of plant phyosterols in two meals may reduce the risk of heart disease. A serving of Women's Ultra Mega® Heart supplies 800 mg of plant phyosterols.

³This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

To ensure a complete nutritional program, take daily with these GNC products:

- Triple Strength Fish Oil
- CoQ-10
- Ultra Probiotic Complex
- SuperFoods Whole Foods Blend

GNC QUALITY COMMITMENT

For more than 78 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



Please recycle this box.

WOMEN'S ULTRA MEGA® HEART

GNC Women's Ultra Mega® Heart is a premium multivitamin for women designed to support heart health.*

Heart Health

This premium, heart-focused multivitamin features phyosterols that support normal, healthy cholesterol levels.² These natural compounds found in fruits, vegetables and whole grain products work by blocking cholesterol absorption.³ Scientific research shows that a minimum of 400 mg per serving of free phyosterols, taken twice a day with meals, for a daily total of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Each serving of Women's Ultra Mega® Heart supplies 800 mg of phyosterols.

The Heart Protection Blend supplies your body with L-Arginine, L-Carnitine, policosanol and CoQ-10 to support a healthy heart and maintain blood vessel tone.*

B vitamins are included in this formula and play a vital role in the maintenance of normal homocysteine levels.* Homocysteine levels are a recognized marker for cardiovascular health.

Calcium and folic acid, which may help maintain healthy blood pressure already within normal range, is contained in this premium multivitamin.* It also supplies lycopene to support cardiovascular health.*

Metabolism and Energy Production

Combines a B-vitamin complex essential for carbohydrate metabolism and energy production, with key minerals such as copper, which is involved in the production of cellular energy, and chromium, which plays an important role in normal glucose utilization.*

Bone Health

Provides supplements of calcium, magnesium and 1,600 IU of vitamin D-3, which are important bone-strengthening nutrients and are essential in the development of healthy bones and teeth.* Emerging research suggests that adequate daily vitamin D intake may play a role in supporting breast and immune health.*

Timed-release caplets provide a gradual release of vital nutrients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

WOMEN'S ULTRA MEGA® Heart

Dietary Supplement

CLINICALLY STUDIED* MULTIVITAMIN

- With phyosterols which may reduce the risk of heart disease²
- Supports normal, healthy cholesterol levels*
- Advanced nutrient blend to promote healthy blood pressure levels*



PHYSICIAN
ENDORSED*

Timed-Release
90 CAPLETS

CODE 178812

APG

Directions: As a dietary supplement, take three caplets daily with food.

Supplement Facts

Serving Size Three Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg 333%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	500 mg 50%
Iron (as Ferrous Fumarate)	18 mg 100%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Phyosterols	800 mg *
Heart Protection Blend L-Arginine, L-Carnitine, Policosanol, Coenzyme Q-10	100 mg *
alpha-Lipoic Acid	25 mg *
Choline (as Choline Bitartrate)	10 mg *
Inositol	10 mg *
Silica	4 mg *
Boron (as Hydrolyzed Protein Chelate)	2 mg *
Lycopene	950 mcg *
Lutemax 2020™ Lutein	950 mcg *
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg *
Astaxanthin	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Natural Vanilla Flavor, Bilberry Extract (colorant), Citric Acid, Sucralose.

CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.