



EUA # 3007664609
CODE 0011B
V10

Typical Amino Acid Profile
(example) (per serving)**

Essential Amino Acids	mg Per 4 Capsule Serving
L-Histidine	37
L-Isoleucine	115
L-Leucine	205
L-Lysine	185
L-Methionine	35
L-Phenylalanine	72
L-Threonine	141
L-Tryptophan	37
L-Valine	141
Non-Essential Amino Acids	
L-Alanine	135
L-Arginine	306
L-Aspartic Acid	246
L-Cysteine	38
L-Glutamic Acid	454
L-Glutamine	200
Glycine	167
L-Hydroxyproline	44
L-Ornithine	24
L-Proline	179
L-Serine	106
L-Tyrosine	66

** subject to natural variability

SUGGESTED USAGE: Take 4 capsules daily, preferably with juice.
Natural color variation may occur in this product.
Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.
Do Not Eat Freshness Packet. Keep in Bottle.



AMINO COMPLETE™

**Balanced Blend of Protein
and Free-Form Amino Acids**
120 Capsules
A Dietary Supplement



Supplement Facts

Serving Size 4 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	15	
Protein	3 g	6%*
Vitamin B-6 (from Pyridoxine HCl)	13 mg	765%
Blend of peptide-bound Amino Acid sources (Whey Protein Isolate, Soy Protein Isolate, Sodium Caseinate, Gelatin) plus Free-Form Amino Acids (L-Glutamine, L-Arginine, L-Ornithine)	3 g (3,000 mg) †	

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica. Contains milk and soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry, dark place after opening. Please Recycle.