

Contains No Added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) capsule with eight (8) oz. water at bedtime, or as directed by a health care professional. Use with caution if pregnant or lactating. Store in a cool, dry place and away from direct light. See warning statement on opposite panel. Keep out of reach of children.

QUALITY AND POTENCY GUARANTEED.

These statements have not been evaluated by the FDA. Product is not intended to diagnose, treat, cure, or prevent any *diseases*.



Formulated for:
Vitabase.com
Monroe, GA 30656

vitabase

Cascara Sagrada

450 mg, *From Aged Bark*



Supplement Facts

Serving Size: 1 Capsule	Amount	% DV
Cascara sagrada bark powder (Rhamnus purshiana)	450 mg	*

*Daily Value not established.

Other Ingredients: Gelatin (capsules), (May contain one or more of the following; rice powder, vegetable stearin, magnesium stearate and silica). Cascara Sagrada is a mild laxative and provides gentle overnight relief of mild constipation. Our Cascara Sagrada is aged for one year to optimize the active constituents. The bark is peeled from trees of the Pacific Northwest.

NOTICE: This product contains cascara sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because cascara sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.