



DIRECTIONS: Take one tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light and moisture.

Store at 15-30C (59-86F).

DO NOT PURCHASE IF SEAL IS BROKEN.

† One-A-Day is a registered trademark of Miles Inc.,
Elkhart, IN 46515

Daily-Vitamin with Beta-Carotene

**NO
COLOR
ADDED**

COMPARE TO ONE-A-DAY ESSENTIAL®†

**DIETARY SUPPLEMENT
100 TABLETS**

NO sugar, starch, yeast, wheat, milk,
artificial colors, flavors or preservatives

Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl acetate and 5% as beta-carotene)	5,000 IU	100
Vitamin C (as ascorbic acid)	60 mg	100
Vitamin D (as cholecalciferol)	400 IU	100
Vitamin E (as dl-alpha-tocopheryl acetate)	30 IU	100
Thiamin (as thiamin HCl)	1.5 mg	100
Riboflavin	1.7 mg	100
Niacin (as niacinamide)	20 mg	100
Vitamin B6 (as pyridoxine HCl)	2 mg	100
Folate (as folic acid)	400 mcg	100
Vitamin B12 (as cyanocobalamin)	6 mcg	100
Pantothenic acid (as D-calcium pantothenate)	10 mg	100

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate and pharmaceutical glaze.

**Manufactured by Windmill™ Health Products
West Caldwell, NJ 07006**

ITEM #68

TC #20651002



SAFETY SEALED FOR YOUR PROTECTION.