

Suggested Use

Adults take one (1) capsule daily. Best taken with a meal.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a healthcare professional before using this or any dietary supplement. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 180

	Amount Per Serving	% Daily Value
Selenium (as L-Selenomethionine)	200 mcg	290%

* Daily Value Not Established

Other ingredients: vegetable capsule, rice flour.

No binders, additives or preservatives.
Dairy and gluten free. No artificial flavorings. Vegan Friendly.

UBERVITA®
Distributed by Ubervita LLC
Manson, WA 98831
UBERVITA.COM
1-866-387-6898