Suggested Use

Adults take three (1) capsules 30 minutes before going to bed.

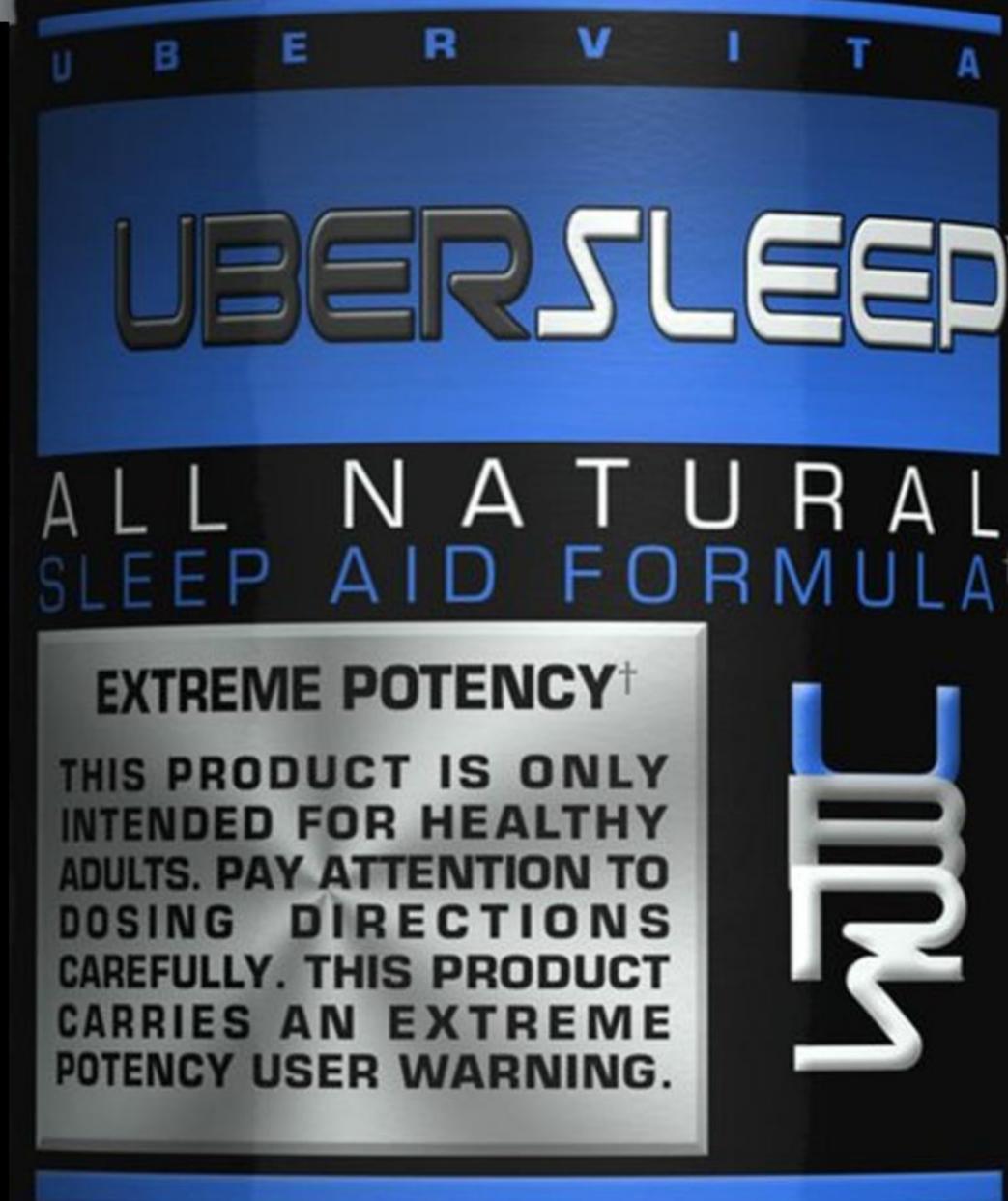
CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a healthcare professional before using this or any dietary supplement. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.









ETARY SUPPLEMENT I 60 CAPSULES

Supplement Facts

Serving Size: 1 capsule Servings per container: 60

Amount Per Serving % Daily Value

Vitamin B-6 (as pyridoxine HCl)	10mg	500%
Magnesium as gluconate/oxide	125mg	31%
Hops Flower Extract	200mg	t
Passion Hower Extract	200mg	Ť
Chamomile Hower Extract	200mg	t
Valerian Root Powder	50mg	t
Melatonin	6mg	t

† Daily Value Not Established Other ingredients: vegetable capsule

CONTAINS NO: binders, fillers, preservatives, artificial ingredients. Vegan friendly. Kosher and Halal safe. GLUTEN FREE. DAIRY FREE.



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