



PHYSICIAN
ENDORSED*

*This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



GNC

MEGA
MEN®
Sport

Mega Men® Sport is much more than a multivitamin – it also includes a sports formula for men who exercise regularly. You get everything you need in one easy-to-mix powder.

- ✓

Men's Health
Contains a clinically studied multivitamin formula* shown to support men's health. Also includes 10 g of fiber for digestion, and lycopene for heart and prostate health.*
- ✓

Performance
Features an ingredient clinically studied to enhance athletic performance and improve strength and power. Also includes branched chain amino acids to fuel muscles and reduce the amount of protein breakdown from exercise.*
- ✓

Joint Health
Has hyaluronic acid to cushion joints; also has MSM, an important component for joint cartilage.*
- ✓

Recovery
Includes 10 g of protein for muscle support and recovery, plus ingredients to support the body's natural anti-inflammatory process. Also has glutamine, which plays an important role in muscle function during and after exercise.*
- ✓

Antioxidants
Packed with antioxidants to minimize the effect of free radicals that can be produced during your workout.*

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF 36 Vitality and Mental Health scores compared to those taking a placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

MEGA
MEN®
Sport

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN*
PLUS COMPLETE SPORTS FORMULA

- Features an ingredient clinically studied to enhance athletic performance*
- Includes 10 g of protein for muscle support and recovery*



NET WT 41.27 OZ (2.57 LB) 1170 g

NEW

sport

CODE 177156EQG

DIRECTIONS: As a dietary supplement, mix two level scoops (39 g) with 8 - 12 fl. oz. of cold water or preferred cold beverage daily. Stir briskly or shake well in a closed container until completely mixed. May adjust the amount of liquid depending on thickness desired.

Supplement Facts

Serving Size Two Level Scoops (39 g)
Servings Per Container 30

Amount Per Serving	% Daily Value†
Calories.....	130
Calories from Fat.....	20
Total Fat.....	2 g.....3%
Saturated Fat.....	1.5 g.....8%
Cholesterol.....	25 mg.....8%
Total Carbohydrate.....	17 g.....6%
Dietary Fiber.....	10 g.....40%
Sugars.....	2 g.....*
Protein.....	10 g
Vitamin A (as 50% Vitamin A Acetate & 50% beta-Carotene).....	5000 IU.....100%
Vitamin C (as Calcium Ascorbate & Ascorbic Acid).....	300 mg.....500%
Vitamin D (as Cholecalciferol D-3).....	1600 IU.....400%
Vitamin E (as Natural d-alpha Tocopherol Acetate).....	30 IU.....100%
Vitamin K (as Phytonadione K-1).....	80 mcg.....100%
Thiamin (as Thiamin Mononitrate).....	50 mg.....3330%
Niacin (as Niacinamide & Niacin).....	50 mg.....2940%
Riboflavin.....	50 mg.....250%
Vitamin B-6 (as Pyridoxine HCL).....	50 mg.....2500%
Folic Acid.....	400 mcg.....100%
Vitamin B-12 (as Cyanocobalamin).....	50 mcg.....833%
Biotin.....	300 mcg.....100%
Pantothenic Acid (as Calcium Pantothenate).....	50 mg.....500%
Calcium (as Calcium Carbonate).....	200 mg.....20%
Magnesium (as Magnesium Oxide).....	50 mg.....12%
Zinc (as Zinc Oxide).....	25 mg.....165%
Selenium (as L-Selenomethionine).....	200 mcg.....285%
Iodine (as Potassium Iodide).....	150 mcg.....100%
Copper (as Copper Sulfate).....	2 mg.....100%
Manganese (as Manganese Sulfate).....	2 mg.....100%
Chromium (as Chromium Chloride).....	120 mcg.....100%
Molybdenum (as Sodium Molybdate).....	75 mcg.....100%
Chloride.....	100 mg.....3%
Sodium.....	150 mg.....6%
Potassium.....	135 mg.....4%

Joint Protection & Recovery Support Blend
L- Glutamine (as Whey Protein Concentrate).....1000 mg.....*
Palmitic Acid Monoethanolamide.....75 mg.....*
Methylsulfonylmethane (MSM).....50 mg.....*
alpha-Lipoic Acid.....25 mg.....*
Turmeric Root Extract (CurcuWIN™) (Curcuma longa)(20% Curcuminoids = 2 mg).....10 mg.....*
Hyaluronic Acid.....5 mg.....*
Lutemax® 2020 Lutein.....2 mg.....*
Lycopene.....1 mg.....*
Zeaxanthin (as Zeaxanthin Isomers).....400 mcg.....*
Astaxanthin (Haematococcus pluvialis).....50 mcg.....*
beta-Cryptoxanthin.....10 mcg.....*

Branched Chain Amino Acid Blend
BCAA Blend (L-Leucine [as Whey Protein Concentrate and L-Leucine], L-Isoleucine [as Whey Protein Concentrate] and L-Valine [as Whey Protein Concentrate]).....3 g.....*

Sports Blend
Betaine (as BETAPOW® Betaine Anhydrous).....2500 mg.....*
L-Arginine (as L-Arginine [from Whey Protein Concentrate] and L-Arginine).....1000 mg.....*
L-Taurine.....125 mg.....*
Choline (as Choline Bitartrate).....100 mg.....*
CarnoSyn® Beta-Alanine.....25 mg.....*
Inositol.....10 mg.....*
Green Tea Extract (Camellia sinensis)(Decaffeinated).....10 mg.....*
Fermented Celery Extract.....5 mg.....*
Silica (as Silicon Dioxide).....4 mg.....*
Boron (as Sodium Borate).....2 mg.....*
Vanadium (as Sodium Metavanadate).....10 mcg.....*

Amino Acid Accelerator Blend
ProHydrolase® Protease Enzyme Blend.....100 mg.....*
Proprietary Blend of Proteases from *Bacillus subtilis* and *Ananas comosus*.....35,000 HUT

Fiber Blend
Gum Acacia, Cellulose Gum, Inulin, Fructooligosaccharides.....10 g.....*

Essential Fatty Acid Blend
MCT Oil (Medium Chain Triglycerides), Safflower Oil, Borage Oil, Olive Oil, Chia Oil, CLA (Conjugated Linoleic Acid), Evening Primrose Oil.....1 g.....*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Whey Protein Concentrate, Natural & Artificial Flavor, Maltodextrin, Sodium Chloride, Sodium Caseinate, Xanthan Gum, Calcium Carrageenan, Lecithin, DiPotassium Phosphate, Mono & Diglycerides, Sucralose, Stevia Leaf Extract, Acesulfame Potassium.

CONTAINS: Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

betaPOWER

Natural Betaine

BETAPOW® is a registered trademark of DuPont or its affiliates.

CarnoSyn

Carnosine Synthesizer

Natural Alternatives International, Inc. (NAI) is the owner of the patent estate and registered trademark CarnoSyn®.

CurcuWIN

CurcuWIN™ trademark belongs to OmniActive Health Technologies.

Lutemax

LUTEIN & ZEAXANTHIN 2020

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ProHydrolase

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