

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSS-CARMELOSE SODIUM, HYPPROMELLOSE, TITANIUM DIOXIDE, POLYDEXTRIN, SILICON DIOXIDE, MAGNESIUM STEARATE, TALC, MALTODEXTRIN, MEDIUM CHAIN TRIGLYCERIDES.

MANUFACTURED IN A FACILITY THAT PROCESSES MILK, WHEAT, FISH, SHELLFISH AND TREE NUT INGREDIENTS.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

Manufactured for:

ABBOTT NUTRITION, ABBOTT LABORATORIES
3300 STELZER RD., COLUMBUS, OHIO 43219-3034 USA

Have questions? Call 1-800-515-7677

Directions: Take one tablet and one softgel daily with food.

Always inform your doctor about the use of dietary supplements. Do not use this product in combination with additional dietary supplements.

Store with cap secured at room temperature. Avoid extreme temperatures. Do not use this product if safety seal underneath bottle cap is torn or missing.

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Abbott

Similac® prenatal VITAMIN

Nutrients for mom and baby

DIETARY SUPPLEMENT

30 MULTIVITAMIN AND MINERAL TABLETS

Abbott

Similac® prenatal VITAMIN

Nutrients for mom and baby

DIETARY SUPPLEMENT

30 DHA/LUTEIN/VITAMIN E SOFTGELS

Supplement Facts			
Serving Size 1 Tablet			
	Amount Per Serving		% DV For Pregnant/Lactating Women
Vitamin A (50% as Beta-Carotene, 50% Vitamin A Palmitate)	4,000 IU	50%	
Vitamin C (as Ascorbic Acid)	120 mg	200%	
Vitamin D (as Cholecalciferol)	600 IU	150%	
Thiamin (as Thiamine Mononitrate)	1.8 mg	106%	
Riboflavin	1.7 mg	85%	
Niacin (as Niacinamide)	20 mg	100%	
Vitamin B ₆ (as Pyridoxine Hydrochloride)	2.6 mg	104%	
Folic Acid	800 mcg	100%	
Vitamin B ₁₂ (as Cyanocobalamin)	8 mcg	100%	
Pantothenic Acid (as Calcium D-Pantothenate)	35 mcg	12%	
Calcium (as Calcium Carbonate)	10 mg	100%	
Iron (as Ferrous Fumarate)	300 mg	23%	
Iodine (as Potassium Iodide)	27 mg	150%	
Magnesium (as Magnesium Oxide)	210 mcg	140%	
Zinc (as Zinc Oxide)	200 mg	44%	
Selenium (as Sodium Selenate)	15 mcg	100%	
Copper (as Copper Gluconate)	70 mcg	*	
Manganese (as Manganese Gluconate)	2 mg	100%	
Chromium (as Chromium Chloride)	2.6 mcg	*	
Molybdenum (as Sodium Molybdate)	45 mcg	*	
	50 mcg	*	

*Daily Value (DV) not established.

Supplement Facts			
Serving Size 1 Softgel			
	Amount Per Serving		% DV For Pregnant/Lactating Women
Calories	5		
Calories from Fat	5		
Total Fat	0.5 g		
Vitamin E (as d-Alpha Tocopherol)	30 IU	100%	
DHA (Docosahexaenoic Acid, from Fish Oil Concentrate [Anchovy, Sardine, Jack Mackerel, Tuna])	200 mg	*	
Lutein (from Marigold Flower [<i>Tagetes erecta</i>])	6 mg	*	

*Daily Value (DV) not established.

OTHER INGREDIENTS: GELATIN, GLYCERIN, WHITE BEESWAX, SAFFLOWER OIL, WATER, SOY LECITHIN, ANNATTO EXTRACT. **CONTAINS SOY INGREDIENTS.**

MANUFACTURED IN A FACILITY THAT PROCESSES MILK, WHEAT, FISH, SHELLFISH, EGG, PEANUT AND TREE NUT INGREDIENTS.

Multivitamin and Mineral Tablet

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% DV For Pregnant/Lactating Women
Vitamin A (50% as Beta-Carotene, 50% Vitamin A Palmitate)	4,000 IU	50%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as Cholecalciferol)	600 IU	150%
Thiamin (as Thiamine Mononitrate)	1.8 mg	106%
Riboflavin	1.7 mg	85%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B ₆	2.6 mg	104%
Folic Acid	800 mcg	100%
Vitamin B ₁₂ (as Cyanocobalamin)	8 mcg	100%
Biotin	35 mcg	12%
Pantothenic Acid (as Calcium D-Pantothenate)	10 mg	100%
Calcium (as Calcium Carbonate)	300 mg	23%
Iron (as Ferrous Fumarate)	27 mg	150%
Iodine (as Potassium Iodide)	210 mcg	140%
Magnesium (as Magnesium Oxide)	200 mg	44%
Zinc (as Zinc Oxide)	15 mcg	100%
Selenium (as Sodium Selenate)	70 mcg	*
Copper (as Copper Gluconate)	2 mg	100%
Manganese (as Manganese Gluconate)	2.6 mcg	*
Chromium (as Chromium Chloride)	45 mcg	*
Molybdenum (as Sodium Molybdate)	50 mcg	*

*Daily Value (DV) not established.

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Directions: During pregnancy and lactation, take one tablet and one softgel daily with food. Eating a healthy diet along with your recommended daily prenatal is important for both you and your baby.

Store with cap secured at room temperature. Avoid extreme temperatures.

Get answers to your nutrition questions before, during, and after pregnancy.

Similac® FeedingExpert
800-986-8800
FeedingExpert.com

Live help • Nurses, dietitians, and lactation consultants available

Always inform your doctor about the use of dietary supplements. Do not use this product in combination with other dietary supplements.

Lactation consultants are provided by a third party.

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SIMILAC® PRENATAL VITAMIN
BEYOND THE ESSENTIALS

SUPPORTS BRAIN & EYE*
SUPPORTS IMMUNE SYSTEM*
SUPPORTS BONE HEALTH*
SUPPORTS CENTRAL NERVOUS SYSTEM*

OptiGRO
LUTEIN
DHA

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Abbott

Similac® prenatal VITAMIN

Nutrients for mom and baby

DIETARY SUPPLEMENT

30 MULTIVITAMIN AND MINERAL TABLETS & 30 DHA/LUTEIN/VITAMIN E SOFTGELS

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FOR EXPECTING MOMS

DHA/Lutein/Vitamin E Softgel

Supplement Facts
Serving Size 1 Softgel

	Amount Per Serving	% DV For Pregnant/Lactating Women
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	
Vitamin E (as d-Alpha Tocopherol)	30 IU	100%
DHA (Docosahexaenoic Acid, from Fish Oil Concentrate [Anchovy, Sardine, Jack Mackerel, Tuna])	200 mg	*
Lutein (from Marigold Flower [<i>Tagetes erecta</i>])	6 mg	*

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Have product-related questions?
Call 1-800-515-7677, 9:30 am-5:00 pm, Eastern time, weekdays. www.Similac.com

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