

Suggested Usage: Take 1/8 level teaspoon daily in juice or water, with food. **Do not exceed recommended dose.**

Silymarin (*Silybum marianum*), also known as Milk Thistle, has been used by traditional herbalists for centuries. Scientific studies have indicated that constituents in Silymarin may help to support healthy liver function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Not for pregnant/nursing women. Consult physician if taking medication or have a medical condition (especially gall bladder dysfunction). Keep out of reach of children.

Do Not Eat Freshness Packet Enclosed.

Natural color variation may occur in this product.

This product is sold by weight not volume.

CODE 4788 V1



Silymarin

Milk Thistle Extract

Supports Liver Function*

Pure Powder

Net Wt. 4 oz. (113 g)



A Dietary Supplement Vegetarian/Vegan

Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1/8 Level Teaspoon (approx. 0.35 g)
Servings Per Container about 323

Amount Per Serving

Milk Thistle Extract	350 mg*
(Silybum marianum) (Standardized to 80% Silymarin Flavonoids) (Fruit/Seeds)	

* Daily Value not established.

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

