CurcuWIN™ and Lutemax® 2020 trademarks belong to OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548



### SHOP NOW @ GNC.COM

Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222



\*This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

'In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

#### GNC

# **50 Plus**

More antioxidant power than ever and over 30 clinically studied ingredients in every formula all in smaller, easier-to-swallow pills.

#### Men's Health

Contains a clinically studied men's multivitamin shown to work better than a basic multivitamin. Helps support colon health.\*

#### Antioxidants

Packed with antioxidants to help protect against harmful free radicals that can destroy healthy cells and promote cell aging.\*

#### Heart Health

Includes vitamin B-6 and folic acid, which provide dietary support for your cardiovascular system.\*

# **Prostate & Circulatory Support**

Features lycopene and saw palmetto to support prostate function, and L-arginine, which helps to maintain blood vessel tone and plays a key role in sexual health.\*

\*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

**50 Plus** 

Dietary Supplement

Antioxidants

Heart Health







CLINICALLY STUDIED MULTIVITAMIN<sup>^</sup>

Prostate & Circulatory Support

CODE 201622 DIRECTIONS: As a dietary supplement, take two caplets daily with food

## **Supplement Facts**

AQG

% Daily Value

Servings Per Container 60 Amount Per Serving

NEW!

**SMALLER** 

**PILLS** 

Amount For Serving	/0 L	Jany value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	500%
Vitamin D (as Cholecalciferol D-3)	1600 IU	4009
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	1009
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	33339
Riboflavin (Vitamin B-2)	50 mg	29419
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	25009
Folic Acid	400 mcg	1009
Vitamin B-12 (as Cyanocobalamin)	50 mcg	8339
Biotin	300 mcg	1009
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	5009
Calcium (as Calcium Carbonate & Calcium Ascorbate)	200 mg	209
lodine (as Potassium lodide)	150 mcg	1009
Magnesium (as Magnesium Oxide)	100 mg	259
Zinc (as Zinc Oxide)	25 mg	1679
Selenium (as L-Selenomethionine)	200 mcg	2869
Copper (as Copper Sulfate)	2 mg	1009
Manganese (as Manganese Sulfate)	2 mg	1009
Chromium (as Chromium Chloride)	120 mcg	1009
Molybdenum (as Sodium Molybdate)	75 mcg	1009
Brain Health Blend		
Ginkgo biloba Leaf Powder, Bacopa monnieri Leaf Extract, Phosphatidyl Serine	10 mg	
Choline (as Choline Bitartrate)	10 mg	
Inositol	10 mg	
Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols)	1 mg	
Prostate Health Blend		
Prostate Health Blend Saw Palmetto Berries Extract ( <i>Serenoa repens</i> ), Nettle Leaf Powder ( <i>Urtica dioica</i> ), Pumpkin Seed Powder ( <i>Cucurbita pepo</i> )	160 mg	1
Saw Palmetto Berries Extract (Serenoa repens), Nettle Leaf Powder (Urtica dioica),	160 mg	
Saw Palmetto Berries Extract (Serenoa repens), Nettle Leaf Powder (Urtica dioica), Pumpkin Seed Powder (Cucurbita pepo)	•	
Saw Palmetto Berries Extract ( <i>Serenoa repens</i> ), Nettle Leaf Powder ( <i>Urtica dioica</i> ), Pumpkin Seed Powder ( <i>Cucurbita pepo</i> )  L-Arginine	100 mg	
Saw Palmetto Berries Extract ( <i>Serenoa repens</i> ), Nettle Leaf Powder ( <i>Urtica dioica</i> ), Pumpkin Seed Powder ( <i>Cucuribita pepo</i> ) L-Arginine Silica (as Silicon Dioxide)	100 mg 4 mg	
Saw Palmetto Berries Extract ( <i>Serenoa repens</i> ), Nettle Leaf Powder ( <i>Urtica dioica</i> ), Pumpkin Seed Powder ( <i>Cucurbita pepo</i> ) L-Arginine Silica (as Silicon Dioxide) Boron (as Sodium Borate)	100 mg 4 mg 2 mg	
Saw Palmetto Berries Extract ( <i>Serenoa repens</i> ), Nettle Leaf Powder ( <i>Urtica dioica</i> ), Pumpkin Seed Powder ( <i>Cucurbita pepo</i> )  L-Arginine  Silica (as Silicon Dioxide)  Boron (as Sodium Borate)  Resveratrol  Vanadium (as Sodium Metavanadate)	100 mg 4 mg 2 mg 1 mg	
Saw Palmetto Berries Extract ( <i>Serenoa repens</i> ), Nettle Leaf Powder ( <i>Urtica dioica</i> ), Pumpkin Seed Powder ( <i>Cucurbita pepo</i> ) L-Arginine Silica (as Silicon Dioxide) Boron (as Sodium Borate) Resveratrol Vanadium (as Sodium Metavanadate)	100 mg 4 mg 2 mg 1 mg	
Saw Palmeto Berries Extract (Serenca repens), Nettle Leaf Powder (Urtica dioica), Pumpkin Seed Powder (Cucurbita pepa) L-Arginine Silica (as Silicon Dioxide) Boron (as Sodium Borate) Resveratrol Varadium (as Sodium Metavanadate) Super Antioxidant Blend	100 mg 4 mg 2 mg 1 mg 10 mcg	
Saw Palmetto Berries Extract (Serenoa repens), Nettle Leaf Powder (Urtica dioica), Pumpkin Seed Powder (Locurotha pepo) L-Arginine Silica (as Silicon Dioxide) Boron (as Sodium Borate) Resveratrol Vanadium (as Sodium Metavanadate) Super Antioxidant Blend alpha-Lipoc Acid	100 mg 4 mg 2 mg 1 mg 10 mcg	
Saw Palmetto Berries Extract (Serenaa repens), Nettle Leaf Powder (Urtica dioica), Pumpkin Seed Powder (Cucurbita pepa) L-Arginine Silica (as Silicon Dioxida) Boron (as Sodium Borate) Resveratrol Vanadium (as Sodium Metavanadate) Super Antioxidant Blend alipha-Lipoic Acid	100 mg 4 mg 2 mg 1 mg 10 mcg 25 mg 2 mg	
Saw Palmetto Berries Extract (Serenca repens), Nettle Leaf Powder (Urtica dioica), Pumpkin Seed Powder (Locurbita pepo) L-Arginine Silica (as Silicon Dioxide) Boron (as Sodium Borate) Resveratrol Vanadium (as Sodium Metavanadate) Super Antioxidant Blend alpha-Upoic Acid Lutemax <sup>2</sup> 2020 Lutein Lycopene	100 mg 4 mg 2 mg 1 mg 10 mcg 25 mg 2 mg 1 mg	
Pumpkin Seed Powder (Cucurbita pepo) L-Arginine Silica (as Silicon Dioxide) Boron (as Sodium Borate) Resveratrol Vanadium (as Sodium Metavanadate) Super Artioxidant Blend alpha-Lipoic Acid Lutemax* 2020 Lutein Lycopene Turmeric Root Extract (CurcuWNI*)(Curcuma longd)(Standardized to Curcuminoids)	100 mg 4 mg 2 mg 1 mg 10 mcg 25 mg 2 mg 1 mg 500 mcg	

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Titanium Dioxide (Natural Mineral Whitener). Natural Vanilla Mint Flavor, Talc, Caramel Color, Stevia Leaf Extract.

#### CONTAINS: Fish and Sovbeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery Conforms to USP <2091> for weight.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free,

Timed-Release 120 CAPLETS