

Other ingredients: De-ionized Water, Vegetable Glycerin, Natural Flavors, Non-GMO Soy Lecithin, Citric Acid, Malic Acid, Xanthan Gum and Potassium Sorbate (as preservative).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Suggested Usage: Shake well. For Adults: take 1 tablespoon (15 mL) daily with a meal. For Children 4 years and older: take 1 teaspoon (5 mL) daily with a meal.

REFRIGERATE AFTER OPENING TO PRESERVE FLAVOR.

This unique formula utilizes brown rice protein as a stabilizing agent for maximum bioavailability of the vitamins, minerals and phytonutrients.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

†† Wild Berry Concentrate consists of natural chokeberry, elderberry, blueberry, black currant and apple fruit concentrates.

††† VitaBerry® Fruit Blend consists of Grape and Grape Seed Extract, Wild Blueberry and Wild Blueberry Extract, Raspberry and Raspberry Seed Concentrate, Cranberry, Prune, Tart Cherry, Wild Bilberry and Wild Bilberry Extract, and Strawberry.

**This product may contain insignificant amounts of naturally occurring iron present in colloidal minerals.

***AAC = Amino Acid Chelate

SelenoPure™ is a trademark of Nutrition 21.; Chromium Chelavite® is a registered trademark of Albion Labs.; VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc.; FloraGLO® is a registered trademark of Kemin Industries, Inc.

Caution: Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, do not feed to pets.

Please Recycle.

CODE 3773 v7



IRON-FREE**

Liquid Multi

WITH XYLITOL

Liquid Vitamin & Mineral

- Fast Absorption
- Added Phytonutrients
- Stabilized with Rice Protein
- Wild Berry Flavor

Net 16 fl. oz. (473 mL)

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablespoon (15 mL) Servings Per Container about 32

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%*
Xylitol	3 g	†
Vitamin A (60% as Retinyl Palmitate and 40% as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin D (as Ergocalciferol)	400 IU	100%
Vitamin E (from d-alpha Tocopheryl Acetate)	100 IU	333%
Thiamin (Vitamin B-1) (from Thiamin Hydrochloride)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (Vitamin B-3) (as Niacinamide)	25 mg	125%
Vitamin B-6 (from Pyridoxine Hydrochloride)	10 mg	500%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	25 mg	250%
Calcium (from Calcium Carbonate)	25 mg	3%
Iodine (from Kelp (<i>Laminaria digitata</i>))	75 mcg	50%
Magnesium (from Magnesium Oxide)	10 mg	3%
Zinc (from Zinc AAC***)	3 mg	20%
Selenium (from Selenopure™ L-Selenomethionine)	15 mcg	21%
Manganese (from Manganese AAC***)	2 mg	100%
Chromium (from Chromium Chelavite® AAC***)	10 mcg	8%
Potassium (from Potassium Chloride)	25 mg	< 1%
Wild Berry Concentrate ††	175 mg	†
VitaBerry® Fruit Blend †††	50 mg	†
Aloe Vera Juice	50 mg	†
Colloidal Minerals (Fulvic Acid)	50 mg	†
Rice Protein Concentrate (from Non-GMO Brown Rice)	30 mg	†
Choline (from Choline Bitartrate)	25 mg	†
Inositol	25 mg	†
Kelp (<i>Laminaria digitata</i>) (Whole Plant)	15 mg	†
Grape Seed Extract (<i>Vitis vinifera</i>) (Standardized for Polyphenols)	10 mg	†
Citrus Bioflavonoid Complex	10 mg	†
Lutein (FloraGLO®) (from Marigold Extract)	100 mcg	†
Lycopene (from Natural Tomato Extract)	100 mcg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.