

SUGGESTED USE: As a dietary supplement, use 1 to 2 scoops in 8 to 12 ounces of water or your favorite sports drink 20 minutes prior to workout. For best results take another 1 to 2 scoops after completing workout

Supplement Facts Serving Size: 1 heaping scoop (approx. 6.5g per serving). Servings Per Container Approx. 56.

Krea-Pump Proprietary Blend Creatine Decanoate

Other Ingredients: Citric acid. Natural and artificial flavor. Sucralose.

intended only for healthy Adults over 21. Consult a licensed health practitioner before use. Do not use if you are currently pregnant or nursing, have had or have a family history of heart disease, high blood pressure, stroke or ant other diseases, or using an MAOL prescription drug or even over -the-counter drug. If you are a

competitive athlete and for are subject to drug testing, consult with your sanctioning body prior to use to ensure compliance. Discontinue use immediately if you *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not take Krea-Pump in excess of its recommended doasage. Krea-Pump is







6.800 mg *

