

Contains No Added sugar, salt, dairy, wheat, gluten, yeast, corn, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) tablet daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

QUALITY AND POTENCY GUARANTEED.

These statements have not been evaluated by the FDA. Product is not intended to diagnose, treat, cure, or prevent any diseases.



Formulated for:
Vitabase.com
Monroe, GA 30656

vitabase

Vita-Super

Formulated to Provide
Essential Vitamins and Minerals



DIETARY SUPPLEMENT
100 TABLETS

Supplement Facts

Serving Size: 1 Tablet

	Amount	%DV		Amount	%DV
Vitamin A (as palmitate)	10,000 iu	200%	Selenium (as selenate)	10 mcg	14%
Vitamin C (as ascorbic acid)	150 mg	250%	Copper†	35 mg	18%
Vitamin D (as cholecalciferol)	400 iu	100%	Manganese†	0.7 mg	35%
Vitamin E (as d-alpha)	25 iu	83%	Chromium (as A.A. chelate)	10 mcg	8%
Vitamin B-1	25 mg	1,667%	Potassium†	1.7 mg	<1%
Vitamin B-2 (as riboflavin)	25 mg	1,471%	Inositol	25 mg	*
Niacin (as niacinamide)	100 mg	500%	Choline (as bitartrate)	25 mg	*
Vitamin B-6	25 mg	1,250%	Rutin	25 mg	*
Folic Acid	400 mcg	100%	Para amino benzoic acid	25 mg	*
Vitamin B-12	100 mcg	1,667%	Citrus Bioflavonoids	25 mg	*
Biotin	25 mcg	8%	Betaine Hydrochloride	25 mg	*
Pantothenic Acid	50 mg	500%	Hesperidin Complex	5 mg	*
Calcium (from bone meal)	31 mg	3%	L-Lysine	8 mg	*
Iron†	5.8 mg	32%	Desiccated Liver	50 mg	*
Phosphorus (from bone meal)	15 mg	2%	Glutamic Acid	25 mg	*
Iodine (from Pacific kelp)	150 mcg	100%			
Magnesium†	0.7 mg	<1%			
Zinc†	0.7 mg	5%			

*Daily Value not established

† As gluconate

Other Ingredients: Rice bran, alfalfa, parsley, watercress, (May contain one or more of the following; magnesium stearate, cellulose, vegetable stearin, dicalcium phosphate and silica). Contains Soy.