

SUGGESTED USE Consume two capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product, call 800.808.7311.**

CAUTION If you are pregnant, nursing or taking anticoagulant drugs, use only under the specific guidance of a physician. Discontinue use one week before surgery.

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.



Andrew Lessman
Founder of PROCAPS LABS

THIS PRODUCT IS ONLY AVAILABLE FROM



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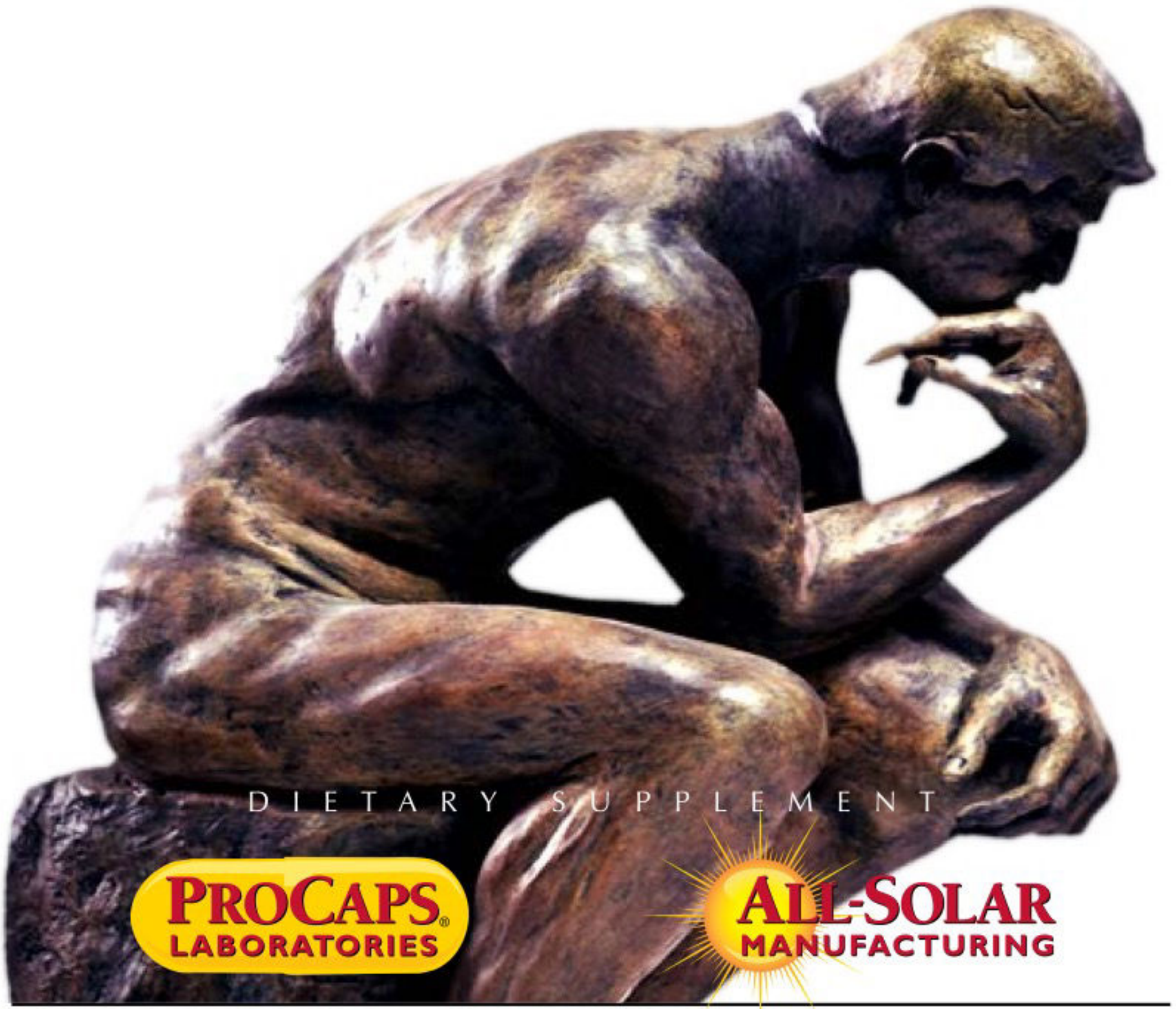


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MEMORY & BRAIN

with ACETYL L-CARNITINE™

VINPOCETINE • GINKGO BILOBA • VITAMIN D₃
GINSENG • ACTIVATED CURCUMIN • BACOPA



360 Easy-to-Swallow Capsules

Andrew Lessman's MEMORY AND BRAIN WITH ACETYL L-CARNITINE (ALC) provides our most comprehensive, natural support for the brain, memory, and mental acuity. A human being's defining feature is our brain's remarkable abilities; yet, as we age, we all experience significant changes in memory and brain function. This formula provides natural tools to help support the retention of our brain's extraordinary abilities, particularly as we age. Our brain requires an enormous supply of energy, so we begin with an impressive 500 mg of Acetyl L-Carnitine (ALC). ALC is recognized for its role in energy production within the brain, while also being a structural building block for Acetylcholine (our primary neurotransmitter). Because our brain must have an uninterrupted supply of oxygen and nutrients, we include Ginkgo Biloba and Vinpocetine to support healthy blood flow to the brain, thereby ensuring the abundant resources necessary for optimum memory and brain function. We add Bacopa for its long history of use in Ayurvedic (Indian) Medicine as well as our uniquely absorbable Turmeric extract, with its standardized Curcumin-Phospholipid Complex, offering targeted protection to the delicate tissues of the brain. We include Vitamin D₃, since Vitamin D receptors are concentrated in the highest functioning areas of the brain and adequate Vitamin D is essential for optimum brain function as we age. We also add high levels of B-Complex vitamins, particularly our proprietary, absorption-protected Methylcobalamin (Natural Coenzyme Vitamin B12) given its essential role in brain and nervous system function. Since our sense of well-being is a central part of mental function, we include our unique, standardized extract of Panax (Asian) Ginseng. Aging is a challenging process and our **Memory and Brain with ALC** offers a comprehensive list of ingredients to help reduce the impact of the normal aging process on memory, concentration and mental acuity.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts		Serving Size 2 Capsules
Amount Per Serving		Servings Per Container 180
		%DV*
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	30 mg	50%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folate Complex (as L-methylfolate/folic acid)	50 mcg	13%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	100 mcg	1,667%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Magnesium (as magnesium oxide)	100 mg	25%
Acetyl L-Carnitine (as acetyl L-carnitine HCl)	500 mg	†
Bacopa Monniera, extract (leaf) standardized to 20% bacosides A & B	200 mg	†
Ginkgo biloba, extract (leaf) standardized to 24% ginkgo flavone-glycosides/6% terpene lactones	120 mg	†
Curcumin Phospholipid Complex (Turmeric, 95% extract (root) and phospholipids)	50 mg	†
Asian Ginseng (Panax ginseng), extract (leaf) standardized to 20% ginsenosides	40 mg	†
Vinpocetine	15 mg	†
* %DV are based on a 2,000 calorie diet. † DV not established.		

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.