

**Absolute Colostrum™** Colostrum is the nourishing fluid produced by mammals as food for the newborn in the few days after birth, before milk production begins. This bovine-derived food supplement is rich in a variety of biologically active proteins, including immunoglobulins, Lactoferrin, and other factors that support the maintenance of lean muscle tissue, as well as a healthy immune system. Scientific studies have shown that Colostrum helps to increase bioavailability and absorption of nutrients into the body, while encouraging healthy gastrointestinal function.#

Pure Powder - Rich in Immunoglobulins and Lactoferrin - Average of 25% IgG Antibodies. CAO H® pure Colostrum delivers the natural nutrient profile found in genuine whole foods.

**Suggested Serving:** 1 teaspoon per day. Each scoop equals 1.5 grams.

**Warnings:** Please discard the inedible freshness packet.

**California Academy of Health (CAOH)**

**Phone:** 800-643-7188

**Web:** [www.caoh.com](http://www.caoh.com)

**Email:** [info@caoh.com](mailto:info@caoh.com)



# Absolute Colostrum™



**100% Pure Colostrum Powder**  
**Net Weight 3.2 oz - 90 g**

## Nutrition Facts#

**Serving Size:** 1 teaspoon (1.5 g) **Serving Per Bottle:** 60

**Calories:** 5

**Calories From Fat:** 0

**Amount Per Serving % Daily Value**

Dried Bovine Colostrum 1.25 g

\*\*

Protein

1 g

2%

\*\* Percent Daily Value Not Established and Based on a 2000 Calorie Diet.

# These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**INGREDIENTS:** 100% Pure Dried Bovine Colostrum

**Contains no:** sugar, salt, starch, yeast, wheat, gluten, corn, soy, egg, shellfish or preservatives.

**No Synthetic Growth Hormones.**

