

Suggested Usage: Take 1 softgel 1 to 2 times daily with food.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 functions as a potent free radical scavenger in cell membranes, as well as within blood vessels.* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening.

Please Recycle.



CoQ10

100 mg

Cardiovascular Health*

- Cellular Energy Production*
- Free Radical Scavenger*



150 Softgels
A Dietary Supplement



Contains Gelatin

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (from Mixed Tocopherols) (soy-free)	30 IU	100%
Coenzyme Q10 (CoQ10)	100 mg	†

† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, water, glycerin, organic caramel color), Organic Extra Virgin Olive Oil, Sunflower Lecithin and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® CoQ10 is Pharmaceutical Grade. NOW CoQ10 products contain only the natural, all-trans form of CoQ10 produced by fermentation.

Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.



SOFTGEL
SIZE

CODE 3209B v7



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