

Suggested Usage: Take 1 softgel 1 to 2 times daily with food.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 works with vitamin E as a potent free radical scavenger in cell membranes, as well as within blood vessels.* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NOW uses only the natural, all-trans form of CoQ10.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

SOFTGEL
SIZE

CODE 3192 V6



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CoQ10

50 mg

Cardiovascular Health*

- Supports Energy Production*
- With Selenium & Vitamin E

50 Softgels

A Dietary Supplement

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha Tocopherol)	30 IU	100%
Selenium (from L-Selenomethionine)	70 mcg	100%
Coenzyme Q10 (CoQ10)	50 mg	†

† Daily Value not established.

Other ingredients: Rice Bran Oil, Softgel Capsule (bovine gelatin, glycerin, water, carob), Beeswax and Soy Lecithin.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Contains no titanium dioxide. Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.

