

Suggested Usage: Take 3 capsules daily.

NOW® Vegetarian Glucosamine & MSM combines two well-known joint support ingredients in a vegetarian/vegan friendly formula that does not include shellfish-derived Glucosamine.* Glucosamine is an essential building block for the formation of glycosaminoglycans (GAGs) and proteoglycans, the main components of cartilage tissue.* These compounds attract water to form a joint cushion, providing lubrication and shock absorption.* MSM (Methylsulfonylmethane) is an organic form of sulfur, a mineral necessary for the production of GAGs and proteoglycans.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (especially glaucoma). Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.
Please Recycle.

CODE 3131C V4



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CAPSULE SIZE



Vegetarian Glucosamine & MSM

Joint Health*

Joint Mobility and Comfort*

240 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



General Health

Family owned since 1968.

Supplement Facts

Serving Size 3 Veg Capsules
Servings Per Container 80

Amount Per Serving

GreenGrown® Glucosamine HCl	1.5 g (1,500 mg)*
MSM (Methylsulfonylmethane)	1 g (1,000 mg)*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW Foods developed the glucosamine test method chosen as the official AOACI industry standard method.

The Glucosamine used in this product is derived from a Non-GMO corn source.

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