

PROFESSIONAL USE ONLY

Not for resale on third-party websites,
including, but not limited to, Amazon* and eBay*.

DIRECTIONS: Take two capsules one to two times daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner before use, especially if you have a current medical condition or take prescription drugs. Pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

Mood Food ES™ combines the same vitamins, minerals, and amino acids as first generation Mood Food™. Modification in quantities of ingredients, plus the addition of Suntheanine®, vitamin C, and selenium, further enhance synthesis of chemical messengers that support calmness, a healthy mood, and a healthy nervous system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



Mood Food ES™

*Supports Calmness and Relaxation**

ePV:

60 Vegetarian Capsules | **Dietary Supplement**



EXCLUSIVE PROFESSIONAL FORMULAS

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin C (ascorbic acid)	20 mg	33%
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	250%
Folate (150 mcg as Quatrefolic® (6S)-5-methyltetrahydrofolic acid, glucosamine salt and 150 mcg as calcium folinate)	300 mcg	75%
Vitamin B12 (as methylcobalamin)	30 mcg	500%
Magnesium (as TRAACS® magnesium lysinate glycinate chelate)	70 mg	18%
Zinc (as TRAACS® zinc bisglycinate chelate)	3 mg	20%
Selenium (as Albion® selenium glycinate complex)	50 mcg	71%
Taurine	300 mg	**
5-HTP (5-hydroxytryptophan) (from <i>Griffonia simplicifolia</i>)(seed)	100 mg	**
L-Theanine (Suntheanine®)	100 mg	**
GABA (gamma-aminobutyric acid)	100 mg	**

** Daily Value (DV) not established.

Other Ingredients: HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.

Suntheanine® Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.
Quatrefolic® Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

Albion and TRAACS are registered trademarks of Albion Laboratories, Inc. Chelates covered by U.S. patent 7,838,042 and patents pending.

This package is completely recyclable ♻️

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