

Absolute Pomegranate Powder™

100% Certified Organic & Kosher
Pure Freeze Dried Pomegranate
Punica granatum L.



CAOH
Lopez Island, WA®



Net Weight 6.35 oz - 180 g

Absolute Pomegranate Powder™ is Naturally Perfect!

Made from 100% organically grown, hand harvested, freeze dried Punica granatum L. Absolute Pomegranate Powder™ is just that, 100% pure, unadulterated organic pomegranate powder!

CAOH® pomegranates are sustainably grown in the warm environment of India. Once harvested, the juicy seeds of the fruit are dried and then milled into fine powder. CAOH® Absolute Pomegranate Powder™ is made from 100% organic pomegranates, and is raw, kosher, vegan, and gluten-free.

Suggested Serving: 2-3 scoops per day. Each level scoop equals approximately 6 grams. Can be sprinkled on food or mixed in your favorite beverage.

Usage Tips: Absolute Pomegranate Powder™ is great blended into a protein shake or fruit smoothie. It also mixes into yogurt well. To more easily mix it into juice, soften it a bit first by putting the powder in a glass with a few tablespoons of warm (not hot) water and mixing. Then add your juice to the glass and mix. Note: This is freeze dried fruit/berry powder - it is not water soluble! It's like adding fruit pulp to juice.

Warning: Scoop in package. Please discard the inedible freshness packet.

100% Organic Freeze Dried Pomegranate from India - Packaged In The USA

Certified Organic by Organic Certifiers

California Academy of Health, Inc.

Phone: 800-643-7188 Web: www.caoh.com Email: info@caoh.com

Nutrition Facts#

Serving Size: 6 grams

Serving Per Bag: 30

Calories: 20

Calories From Fat: 0

Amount Per Serving % Daily Value

Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Sodium	14 mg	1%
Total Carbohydrates	3.6 g	1%
Dietary Fiber	<1 g	2%
Sugars	2.5 g	0%
Protein	<1 g	0%

Vitamin A 0% Vitamin C <2%

Calcium 0% Iron <2%

** Percent Daily Value Not Established and Based on a 2000 Calorie Diet.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

INGREDIENTS: 100% organic freeze dried pomegranate (Punica granatum L.).

