

DIRECTIONS: As a dietary supplement for adults,
1 capsule three to six times daily near bedtime
or as directed by a health professional.

Store at room temperature.
Protect from light.
Keep out of reach of children.

Bronson Laboratories For Customer Information
Lindon, UT 84042 Call 1-800-235-3200
Made in USA REF0806

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Lot No/Use By:

BRONSON[®]
Laboratories
EST. 1960

No. 478B

Valerian Extract

PROMOTES **RELAXATION,**
EMOTIONAL BALANCE AND
IMPROVES SLEEP HABITS *

Dietary Supplement
120 Capsules

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value	
Calcium (as dicalcium phosphate)	118 mg	12%
Valerian Root Extract (root) (5:1 concentration) (equivalent to 100 mg of valerian root)	20 mg	†
† Daily Value not established.		

OTHER INGREDIENTS: Magnesium stearate, silica dioxide and gelatin.

WARNING: May cause drowsiness. Do not use when driving a motor vehicle or operating machinery. Do not use if you are taking sedatives or tranquilizers without first consulting a health professional.