

equate®

Compare to
One A Day®
Women's 50+
Healthy
Advantage***

One Daily™

WOMEN'S 50+

Multivitamin/Multimineral
Supplement

Supports:

- Bone & Joint Health**
- Heart & Eye Health**
- Immune Health**
- Energy Metabolism**
- Cell Health**

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TABLETS

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: One tablet

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Vitamin A	3500 IU (20% as beta-carotene)	70%	Biotin	30 mcg	10%
Vitamin C	120 mg	200%	Pantothenic Acid	15 mg	150%
Vitamin D	1000 IU	250%	Calcium (elemental)	500 mg	50%
Vitamin E	30 IU	100%	Iodine	150 mcg	100%
Vitamin K	20 mcg	25%	Magnesium	50 mg	13%
Thiamin	4.5 mg	300%	Zinc	24 mg	160%
Riboflavin	3.4 mg	200%	Selenium	27 mcg	39%
Niacin	20 mg	100%	Copper	2.2 mg	110%
Vitamin B6	6 mg	300%	Manganese	4.2 mg	210%
Folic Acid	400 mcg	100%	Chromium	180 mcg	150%
Vitamin B12	25 mcg	417%	Molybdenum	90 mcg	120%

Ingredients: Calcium Carbonate, Dicalcium Phosphate, Ascorbic Acid, Magnesium Oxide, Microcrystalline Cellulose, Croscarmellose Sodium, dl-Alpha Tocopheryl Acetate, Polyvinyl Alcohol, Zinc Oxide, Stearic Acid, Niacinamide, Calcium Pantothenate, Titanium Dioxide Color, Polyethylene Glycol, Manganese Sulfate, Silicon Dioxide, Talc, Magnesium Stearate, Crospovidone, Pyridoxine Hydrochloride, Thiamine Mononitrate, Cupric Sulfate, Riboflavin, Vitamin A Acetate, FD&C Yellow #6 Aluminum Lake, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Folic Acid, Beta-Carotene, Potassium Iodide, Sodium Molybdate, Sodium Selenate, FD&C Blue #2 Aluminum Lake, Biotin, Cholecalciferol, Phytonadione, Cyanocobalamin.

Directions: Adults: Take one tablet daily, with food.

Caution: If you are taking any medication or have a medical condition, consult a doctor before taking this product. If you are pregnant or nursing a baby, ask a doctor before using this product.

Keep out of reach of children.

Store in a dry place at room temperature (59°F-86°F).

Gluten Free

Questions or comments?

1-888-287-1915

**DO NOT USE IF PRINTED SEAL UNDER
CAP IS BROKEN OR MISSING**

Satisfaction guaranteed – for
questions or comments
please call **1-888-287-1915**.

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