



PHYSICIAN
ENDORSED*

* This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



WOMEN'S
ULTRA MEGA®
Active

Women's Ultra Mega® Active is much more than a multivitamin – it's also a complete formula designed for women who exercise regularly! You get everything in one easy-to-mix powder.

- Women's Health**
Contains a clinically studied multivitamin formula[^] shown to support women's health, and it includes 10 g of high-quality protein for muscle support.*
- Performance**
Packed with essential amino acids for protein synthesis and contains betaine anhydrous, which is clinically shown to enhance athletic performance.*
- Joint Health**
Includes hyaluronic acid to cushion joints; also has MSM, an important component for joint cartilage.*
- Digestion**
Features a clinically researched, advanced digestive enzyme blend for greater protein breakdown and 10 g of fiber to support digestive health.*
- Energy**
Contains medium chain triglycerides, which are quickly absorbed by the body to use for energy, and CLA, which fuels energy and fat metabolism. Also has an array of B vitamins vital for energy production.*

[^]In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF 36 Vitality and Mental Health scores compared to those taking a placebo.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW!

WOMEN'S
ULTRA MEGA®
Active

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN[^] PLUS
INGREDIENTS TO SUPPORT REGULAR EXERCISE

- Features an ingredient clinically shown to enhance athletic performance*
- Includes 10 g of protein and 10 g of fiber
- Supports joint health and fuels energy*



Vanilla
Natural & Artificial Flavors

NET WT 41.27 OZ (2.57 LB) 1170 g

Supplement Facts		Amount Per Serving	% Daily Value
Serving Size Two Level Scoops (39 g) Servings Per Container 30		Potassium.....	275 mg8%
Amount Per Serving		Performance, Energy & Metabolism Blend	
Calories	130	Betaine (as BETAPOWER® Betaine Anhydrous)	2500 mg*
Calories from Fat	20	Choline (as Choline Bitartrate)	275 mg*
Total Fat.....	2 g3%	alpha-Lipoic Acid.....	25 mg*
Saturated Fat.....	1 g5%	EGCG (from Decaffeinated Green Tea Extract)(Camellia sinensis).....	10 mg*
Cholesterol.....	25 mg8%	Inositol.....	10 mg*
Total Carbohydrate.....	18 g6%	Boron (as Sodium Borate).....	2 mg*
Dietary Fiber.....	10 g40%	Vanadium (as Sodium Metavanadate).....	10 mcg*
Sugars.....	2 g	Muscle Support & Protection	
Protein.....	10 g	BCAA Blend (L-Leucine [as Whey Protein Concentrate], L-Isoleucine [as Whey Protein Concentrate] and L-Valine [as Whey Protein Concentrate]).....	1 g*
Vitamin A (as 50% Vitamin A Acetate & 50% beta-Carotene).....	5000 IU100%	Palmitic Acid Monoethanolamide.....	50 mg*
Vitamin C (as Calcium Ascorbate & Ascorbic Acid).....	200 mg333%	Turmeric Root Extract (CurcuWIN™)(Curcuma longa)(20% Curcuminoids = 2 mg).....	10 mg*
Vitamin D (as Cholecalciferol D-3).....	1600 IU400%	Grape Seed Extract (Vitis vinifera L.).....	20 mg*
Vitamin E (as Natural d-alpha Tocopherol Acetate).....	30 IU100%	Zeaxanthin (as Zeaxanthin Isomers).....	400 mcg*
Vitamin K (as Phytonadione K-1).....	80 mcg100%	Astaxanthin (Haematococcus pluvialis).....	50 mcg*
Thiamin (as Thiamin Mononitrate).....	50 mg3330%	beta-Cryptoxanthin.....	10 mcg*
Riboflavin.....	50 mg2940%	Joint & Skin Support	
Niacin (as Niacinamide & Niacin).....	50 mg250%	Methylsulfonylmethane (MSM).....	10 mg*
Vitamin B-6 (as Pyridoxine HCL).....	50 mg2500%	Silica (as Silicon Dioxide).....	4 mg*
Folic Acid.....	400 mcg100%	Lutemax® 2020 Lutein.....	2 mg*
Vitamin B-12 (as Cyanocobalamin).....	50 mcg833%	Hyaluronic Acid (as Sodium Hyaluronic Acid).....	2 mg*
Biotin.....	300 mcg100%	Lycopene.....	1 mg*
Pantothenic Acid (as Calcium Pantothenate).....	50 mg500%	Digestion Complex	
Calcium (as Calcium Carbonate).....	500 mg50%	ProHydrolase® Protease Enzyme Blend.....	10 mg*
Iron.....	18 mg100%	Proprietary Blend of Proteases from Bacillus subtilis.....	3,500 HUT*
Magnesium (as Magnesium Oxide).....	50 mg12%	and Ananas comosus	
Zinc (as Zinc Oxide).....	25 mg165%	Ginger Extract (Zingiber officinale).....	5 mg*
Selenium (as L-Selenomethionine).....	200 mcg285%	Fiber Blend	
Iodine (as Potassium Iodide).....	150 mcg100%	Inulin, Fructooligosaccharides, Gum Acacia, Cellulose Gum	
Copper (as Copper Sulfate).....	2 mg100%	Essential Fatty Acid Blend	
Manganese (as Manganese Sulfate).....	2 mg100%	MCT Oil (Medium Chain Triglycerides), Safflower Oil, Borage Oil,	
Chromium (as Chromium Chloride).....	120 mcg100%	Olive Oil, CLA (Conjugated Linoleic Acid), Flaxseed Oil,	
Molybdenum (as Sodium Molybdate).....	75 mcg100%	Evening Primrose Oil	
Chloride.....	150 mg4%		
Sodium.....	175 mg8%		

Other Ingredients: Whey Protein Concentrate, Natural & Artificial Flavor, Non Fat Dry Milk, Potassium Citrate, Maltodextrin, Sodium Chloride, Sodium Caseinate, Xanthan Gum, Lecithin, DiPotassium Phosphate, Mono & Diglycerides, Sucralose, Stevia Leaf Extract, Acesulfame Potassium.

CONTAINS: Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

NOTICE: Significant product settling may occur.

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