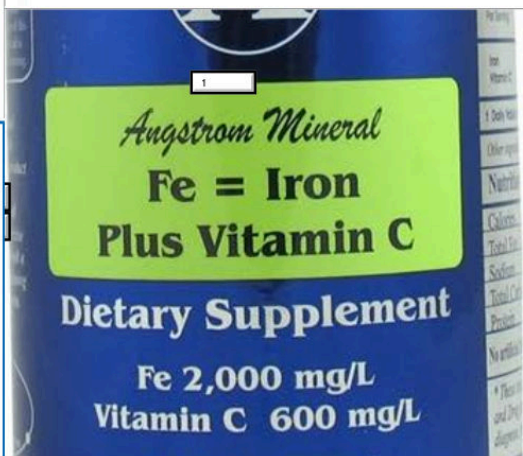


Angstrom Minerals Iron Plus Vitamin C - 32 fl oz



Product Description

This is an angstrom size mineral and vitamin supplement of iron and vitamin C. An angstrom or nanoparticle size mineral supplement does not require digestion. Angstrom size minerals are absorbed immediately into the bloodstream due to their minute size, hence the body also requires much less of them to have the same effect on the body. With a traditional powdered mineral, actual absorption ranges from only 5 - 15 percent. With angstrom or nano-sized minerals, absorption is 100 percent, so much less is needed to reach the same daily supplementation level.

Serving Size: 1 teaspoon

Servings per Bottle: 192

Ingredients (Amount per serving): 10 mg iron, 6.5 mg vitamin C

Concentration: Iron - 2000 mg/litre, vitamin C - 600 mg/litre

Other ingredients: Purified water

No artificial flavors, colors, preservatives or additives are used.

I just wanted to say THANK YOU once again for this angstrom Iron product. I had blood work done in November and was told that I was borderline anemic. I had been taking an iron tablet for about a year, obviously without success. My physician was concerned about the diagnosis so she ordered more tests. I am happy to report that two months later I m no longer listed as being anemic. I could have never managed such great feedback without this product. It has made such a difference in my health. I would happily recommend it to anyone with iron deficiencies! - Angela R., WA

GENERAL GUIDELINES:

To prevent constipation, be sure to take this nanoparticle iron supplement with a full glass of water or other liquid.

For maintenance, 1 tsp every other day (or just twice a week) should be sufficient.

For mild anemia, take 1 tsp per day.

For moderate anemia, take 1 tsp in the morning and 1 tsp in the evening.

For severe anemia (hemoglobin less than 7 or 70), take 1 tsp, 3 to 4 times per day.

Get your hemoglobin tested (to track your progress) within 30 to 45 days, since this product builds hemoglobin very quickly.

For best results make sure you are also getting adequate B12 and folic acid - which the body needs to absorb and use iron properly.