

CODE 208521
Directions: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Women's Ultra Mega® Active Multivitamin

Supplement Facts

Serving Size Two Light Green Caplets

Amount Per Serving	% Daily Value	
Vitamin A (as 50% beta-Carotene & 50% Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopherol Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg	50%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Copper Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%

Super Antioxidant Blend		
alpha-Lipoic Acid	25 mg	*
Lutemax® 2020 Lutein	2 mg	*
Lycopene	1 mg	*
Turmeric Root Extract (CurcuWIN™)(<i>Curcuma longa</i>)(Std. to Curcuminoids)	500 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg	*
beta-Cryptoxanthin	10 mcg	*
Performance Energy & Metabolism Blend		
Green Tea Leaf Extract (<i>Camellia sinensis</i>)(Standardized to EGCG)	30 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Betaine (Trimethylglycine)	10 mg	*
Inositol	10 mg	*
Boron (as Sodium Borate)	2 mg	*

Amount Per Serving	% Daily Value	
Grape Seed Extract (<i>Vitis vinifera</i>)(Standardized to Polyphenols)	1 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
Joint & Skin Support Blend		
MSM (Methylsulfonyl-methane)	12 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

CONTAINS: Fish and Soybeans.

Conforms to USP <2091> for weight.

Ultra Stress Protection & Circulatory Support

Supplement Facts

Serving Size One Capsule

Amount Per Serving	% Daily Value	
MegaNatural®-BP™ Grape Seed Extract	300 mg*	
Palmitic Acid Monoethanolamide	75 mg*	

* Daily Value not established.

Other Ingredients: Gelatin, Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silica.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

Ultra Energy Generator

Supplement Facts

Serving Size One Red Capsule

Amount Per Serving	% Daily Value	
Niacin	20 mg	100%
Proprietary Thermogenic Blend	243.34 mg	*
Caffeine Anhydrous, Capsimax® Capsicum Fruit Extract (<i>Capsicum annuum</i>), Black Pepper Extract (<i>Piper nigrum</i>)(50% Piperine = 5 mg)		

* Daily Value not established.

Other Ingredients: Cellulose, Gelatin, Magnesium Stearate Vegetable Source, Silica, Titanium Dioxide (Natural Mineral Whitener), Artificial Colors (FD&C Blue #1, FD&C Red #40).

Contains 200 mg of caffeine.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

CLA Complex

Supplement Facts

Serving Size One Brown Softgel

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Conjugated Linoleic Acid (CLA)(from Safflower Oil)(Clarinol®)	400 mg	*
gamma-Linolenic Acid (GLA)	100 mg	*

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Safflower Oil, Gelatin, Glycerin, Caramel Color, Rosemary Extract (*Rosmarinus officinalis*).

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

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General Nutrition Corporation
Pittsburgh, PA 15222

"In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a basic multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

PHYSICIAN ENDORSED*

* This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

Calcium 600

Supplement Facts

Serving Size One Peach Caplet

Amount Per Serving	% Daily Value	
Vitamin D (as Cholecalciferol D-3)	400 IU	100%
Calcium (as Calcium Carbonate)	600 mg	60%

Other Ingredients: Cellulose, Povidone, Sodium Starch Glycolate, Magnesium Stearate, Titanium Dioxide, Polyethylene Glycol, Polysorbate 80, Silica, Artificial Color (FD&C Yellow #6 Lake).

CONTAINS: Soybeans.

Potency of calcium verified by GNC procedure #4000.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

Capsimax® Capsimax® is a trademark of OmniActive Health Technologies.

Clarinol® Clarinol® is a registered trademark of Stepan Lipid Nutrition.

CurcuWIN™ CurcuWIN™ is a trademark of OmniActive Health Technologies.

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WOMEN'S ULTRA MEGA® Active

Dietary Supplement

VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN^

- Antioxidants • Calorie Burning
- Healthy Circulation • Beauty

PHYSICIAN ENDORSED*



30 PACKS

NEW!

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WOMEN'S ULTRA MEGA® Active

Achieve your daily nutritional goals with customized ingredients plus multivitamins that have more antioxidant power than ever, contain over 30 clinically studied ingredients – and are smaller and easier to swallow.

- ✓ **Women's Health**
Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin.^ Helps support bone health.*
- ✓ **Antioxidants**
Packed with antioxidants for exercise recovery and support.*
- ✓ **Calorie Burning**
Features a clinically studied calorie-burning blend and CLA, which fuels energy and fat metabolism.*
- ✓ **Healthy Circulation**
Has a clinically studied grape seed extract to help maintain healthy blood pressure levels and support a healthy heart.*
- ✓ **Beauty**
Contains biotin to support healthy hair, skin and nails and includes additional ingredients for skin support.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.