

CODE 208712
Directions: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:

Women's Ultra Mega® Multivitamin

Supplement Facts

Serving Size Two Light Green Caplets		
Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg	50%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Copper Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%

Super Antioxidant Blend		
alpha-Lipoic Acid	25 mg	*
Lutemax® 2020 Lutein	2 mg	*
Lycopene	1 mg	*
Turmeric Root Extract (CurcuWIN™)(<i>Curcuma longa</i>) (Standardized to Curcuminoids)	500 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg	*
beta-Cryptoxanthin	10 mcg	*
Fruit & Vegetable Blend		
Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder	15 mg	*

Amount Per Serving	% Daily Value	
Beauty Blend		
Green Tea Leaf Extract (<i>Camellia sinensis</i>)(Standardized to Polyphenols)	14 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Hyaluronic Acid (as Sodium Hyaluronate)	1 mg	*
Grape Seed Extract (<i>Vitis vinifera</i>)(Standardized to Polyphenols)	1 mg	*
Brain Health Blend		
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*
Boron (as Sodium Borate)	2 mg	*
GABA (gamma-Aminobutyric Acid)	1 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

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Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.
CONTAINS: Fish and Soybeans.
Conforms to USP <2091> for weight.

Super Antioxidant Stress & Beauty Complex

Supplement Facts

Serving Size One Capsule	
Amount Per Serving	
Superfood Beauty Blend	218 mg*
Cocoa Seed Powder (<i>Theobroma cacao</i>), Cranberry Fruit Powder (<i>Vaccinium macrocarpon</i>), Amla Fruit Extract (<i>Embilica officinalis</i>), Pomegranate Fruit Extract (<i>Punica granatum</i>), Olive Fruit Extract (<i>Olea europaea</i>), Green Tea Leaf Extract (<i>Camellia sinensis</i>) (80% Polyphenols = 8 mg), Red Orange Fruit and Peel Extract (<i>Citrus sinensis</i>), Lutemax® 2020 Lutein, Lycopene, Zeaxanthin (as Zeaxanthin Isomers)	
Suntheanine® L-Theanine	50 mg*
MegaNatural® Grape Skin & Seed Extract (<i>Vitis vinifera</i>)	25 mg*
Turmeric Root Extract (CurcuWIN™)(<i>Curcuma longa</i>) (Standardized to Curcuminoids)	10 mg*

* Daily Value not established.

Other Ingredients: Cellulose, Gelatin, Magnesium Stearate Vegetable Source, Stearic Acid Vegetable Source, Silica.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

BQ6

Digestive Enzyme Blend

Supplement Facts

Serving Size One Capsule		
Amount Per Serving		
Proprietary Enzyme Blend		44.84 mg*
Amylase	3500 DU	
Protease 4.5	7500 HUT	
Lipase	125 FIP	
Protease 3.0	8 SAPU	
Protease 6.0	1000 HUT	
* Daily Value not established.		

* Daily Value not established.

Other Ingredients: Maltodextrin, Vegetable Cellulose Capsule, Medium Chain Triglycerides.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

PHYSICIAN ENDORSED*
* This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

Essential Fatty Acid Nutrition

Supplement Facts

Serving Size One Yellow Softgel		
Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Total Omega-3s		
EPA (Eicosapentaenoic Acid)(Omega-3)	600 mg	*
DHA (Docosahexaenoic Acid)(Omega-3)	200 mg	*
Other Omega-3s	102 mg	*
GLA (gamma-Linolenic Acid)	50 mg	*

† Percent Daily Value not established.

* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Safflower Oil, Glycerin.
Potency verified by GNC procedure #5123.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

CurcuWIN™ is a trademark of OmniActive Health Technologies.
Lutemax® 2020 is a trademark of OmniActive Health Technologies.

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WOMEN'S ULTRA MEGA® Wellness

Dietary Supplement

VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN^

- Antioxidants • Heart Health
- Beauty • Digestion

PHYSICIAN ENDORSED*



30 PACKS

NEW!

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WOMEN'S ULTRA MEGA® Wellness

Achieve your daily nutritional goals with customized ingredients plus multivitamins that have more antioxidant power than ever, contain over 30 clinically studied ingredients – and are smaller and easier to swallow.

- ✔ **Women's Health**
Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin.^ Helps support bone health.*
- ✔ **Antioxidants**
Packed with antioxidants for cell protection and immune support.*
- ✔ **Heart Health**
Has EPA, which is important for cardiovascular and circulatory health and promotes healthy cholesterol and triglyceride levels.*
- ✔ **Beauty**
Contains biotin to support healthy hair, skin and nails. Also includes ingredients for additional skin support.*
- ✔ **Digestion**
Helps you digest key nutrients for the energy you need.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.