

SUGGESTED USAGE: Add 1 level scoop daily to 8 oz. of cold water or milk, and blend.

NOW® Whey Protein is a delicious blend of three of the highest quality whey protein concentrates and isolates from around the world: Ultrafiltered, Microfiltered and Enzymatically Hydrolyzed (partially predigested). This blend of specially processed whey proteins is designed to maximize amino acid absorption and Biological Value (BV). In addition, extra L-Glutamine has been added (420 mg per serving) to this blend.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

Natural color variation may occur in this product.

EUA # 3007664609
CODE 2182C V9



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POWER SIZE

No Artificial Ingredients

**Ultrafiltered • Microfiltered
Branched Chain Amino Acids
Added Glutamine**

Net Wt. 6 lbs. (2722 g)



Whey Protein

Dutch Chocolate



Nutrition Facts

Serving Size 1 Level Scoop (approx. 42 g)
Servings Per Container about 65

Amount Per Serving			
Calories 160		Calories from Fat 20	
		% Daily Value*	
Total Fat 2 g		3%	
Saturated Fat 1 g		5%	
Trans Fat 0 g			
Cholesterol 60 mg		20%	
Sodium 70 mg		3%	
Potassium 300 mg		9%	
Total Carbohydrate 8 g		3%	
Dietary Fiber 1 g		4%	
Sugars 2 g			
Xylitol 4 g			
Protein 24 g		48%	
Vitamin A 0%		Vitamin C 0%	
Calcium 20%		Iron 8%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		2,000 Calories	2,500 Calories
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram:			
Fat 9 · Carbohydrate 4 · Protein 4			

Ingredients: Whey Protein Blend [Ultrafiltered Whey Protein Concentrate (including β -lactoglobulin, α -lactalbumin, Immunoglobulins and Serum Albumin), Microfiltered Whey Protein Isolate (including β -lactoglobulin, α -lactalbumin, Immunoglobulins and Glycomacro Peptides) and Enzymatically Hydrolyzed Whey Protein Concentrate], Xylitol, Cocoa, Natural Flavors, Organic Stevia Leaf Extract (Enzyme-Modified Steviol Glycosides), Free-Form L-Glutamine, Soy Lecithin and Xanthan Gum.

Contains milk and soy.

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 42 g Serving
L-Histidine	525
L-Isoleucine***	1458
L-Leucine***	2873
L-Lysine	2226
L-Methionine	558
L-Phenylalanine	849
L-Threonine	1790
L-Tryptophan	458
L-Valine***	1382
Non-Essential Amino Acids	
L-Alanine	1895
L-Arginine	663
L-Aspartic Acid	2777
L-Cysteine	458
L-Glutamic Acid	4326
L-Glutamine	420
Glycine	492
L-Proline	1353
L-Serine	1491
L-Tyrosine	861

** subject to natural variability

NOW FOODS
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Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

***Branched Chain Amino Acids

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Please Recycle.