

Milk Thistle seed's unique group of flavonoids called "silymarins" help preserve normal metabolic activity of the liver and support its regenerative processes.† Milk Thistle is particularly helpful to the body in combating the harmful effects of pollution.†

This herbal supplement contains standardized Milk Thistle (*Silybum marianum*) extract powder from the highest grade whole seeds.

**Pregnant or lactating women should consult their health care professional before using this product.**

The Ultimate Extract® process makes our Milk Thistle easier to digest and more available than plain herb powder, creating a premium Milk Thistle supplement.

Due to variations in nature, the natural color of this product may be slightly different with each batch; however, the quality specifications remain the same.

**We Guarantee Our Supplements  
for Potency and Purity**

**To report a serious adverse event, call 1-888-710-0006**

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Ultimate Extract® • Standardized  
**MILK THISTLE**  
**175 mg**

Supports Liver Metabolism†

Dietary Supplement



**50 VEGETARIAN CAPSULES**

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 50

| Amount Per Serving  | % Daily Value |
|---|---------------|
| Milk Thistle Seed Extract ( <i>Silybum marianum</i> )<br>(80% silymarins) ..... | 175 mg *      |

\* Daily Value not established.

**OTHER INGREDIENTS:** CAPSULE (VEGETABLE SOURCE), CELLULOSE, SILICA, MAGNESIUM STEARATE (VEGETABLE SOURCE).

**SUGGESTED USE:** Take one capsule up to six times daily with food or water.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

**KEEP OUT OF REACH OF CHILDREN. VVL 989-50M**

