

**St. John's Wort** promotes mental well-being and relaxation. In Europe where St. John's Wort is used extensively, scientific research has confirmed positive effects. This product contains standardized St. John's Wort (*Hypericum perforatum*) extract powder from the highest grade of whole flowering tops, and is a viable source of the key active compounds hypericin and hyperforin. It conforms to the dosage and mode of administration as established by the German Commission E monograph.†

Pregnant or lactating women should consult their health care professional before using this product. This product may make the skin sensitive to sunlight.

The Ultimate Extract® process makes our St. John's Wort easier to digest and more available than plain powder, resulting in a premium St. John's Wort supplement.

**We Guarantee Our Supplements  
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Ultimate Extract® • Standardized  
**ST. JOHN'S WORT**  
**300 mg**

Promotes Mental Well-Being†

Dietary Supplement



**50 VEGETARIAN CAPSULES**

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 50

Amount Per Serving	% Daily Value
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St. John's Wort Extract (flower) ....	300 mg *
Standardized for a guaranteed potency of 0.3% hypericin	

\* Daily Value not established.

**OTHER INGREDIENTS:** CELLULOSE, CAPSULE (VEGETABLE SOURCE), MAGNESIUM STEARATE (VEGETABLE SOURCE), SILICA.

**SUGGESTED USE:** Take one capsule up to three times daily with 8 oz. warm water between meals.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF REACH OF CHILDREN. VVL 993-50J

