Suggested Use: Adult dose is 4 chewable tablets per day, providing 4 grams of fiber. Maximum dose is 12 tablets. Children 6 to 12: 2 tablets per day. Up to 3 days of continued use may be required to provide full benefit. If gas or bloating occurs, reduce daily dosage.

QUALITY AND POTENCY GUARANTEED.

These statements have not been evaluated by the FDA. Product is not intended to diagnose, treat, cure, or prevent any *diseases*.

vitabase

Very Berry Fiber

Chewable Tablets



| Supplement Facts Serving Size: 4 Tablets | Amount | % DV |
|---|--------|------|
| Calories | 20 | |
| Total Carbohydrates | 8 gm | 2 |
| Dietary Fiber | 4 gm | 16 |
| Soluble Fiber | 4 gm | * |
| Sugars | 2 gm | |

Other ingredients: Inulin (a natural vegetable fiber), dextrose

cellulose, stearic acid and natural flavors.

Contains no yeast, artificial colors, flavors or preservatives.

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Formulated for: Vitabase.com Monroe, GA 30656

Vitabase uses only high quality ingredients.