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KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

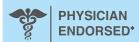
For More Information: 1-888-462-2548

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Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222







 This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene. alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.



WOMEN'S **ULTRA MEGA®** 50 Plus



More antioxidant power than ever and over 30 clinically studied ingredients in every formula all in smaller, easier-to-swallow pills.

Women's Health

Contains a clinically studied women's multivitamin shown to work better than a basic multivitamin.[^]

Antioxidants

Packed with antioxidants to help protect against harmful free radicals that can destroy healthy cells and promote cell aging.

Bone Health

Contains a potent calcium and vitamin D complex to support strong bones.*

Skin Support

Includes lutein to support skin hydration and hyaluronic acid, which plays a role in maintaining skin elasticity.*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





WOMEN'S **ULTRA MEGA®** 50 Plus

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN'

- Antioxidants
- Bone Health
- Skin Support





Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

% Daily Value

Serving Size Two Caplets Servings Per Container 30 Amount Per Serving

Vitamin A (50% as beta-Carotene & 50% Retinvl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	1600 IŬ	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate).	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cvanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg	50%
lodine (as Potassium Iodide)		
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)		
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Copper Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%
Molybdenum (as Sodium Molybdate)		
Super Antioxidant Blend		
alpha-Lipoic Acid	05	12
alpna-Lipoic Acid	25 mg	
Lutemax® 2020 Lutein	2 mg	
Lycopene	I mg	
Turmenc Hoot Extract (Curcuwin)(Curcuma longa)(Standardized to Curcuminoli	is) 500 mcg	
Zeaxanthin (as Zeaxanthin Isomers) Astaxanthin (from <i>Haematococcus pluvialis</i>)	400 mcg	
beta-Cryptoxanthin	10 mcg	
Brain & Circulatory Support Choline (as Choline Bitartrate)	40	
Choline (as Choline Bitartrate)	10 mg	
Inositol.	10 mg	
GIFIKUO DIIODA POWOET	DIII G	
Bacopa monnieri Leaf Extract	4 mg	
Boron (as Sodium Borate)	2 mg	
Phosphatidyl Serine	1 mg	
Vanadium (as Sodium Metavanadate)	10 mcg	
Eye & Skin Health Complex		
Silica (as Silicon Dioxide)	4 mg	
Black Currant Fruit Extract (Ribes nigrum)	2.5 mg	
Blueberry Fruit Powder (Vaccinium angustifolium)	2.5 mg	
Cranberry Fruit Concentrate (Vaccinium macrocarpon)	2.5 mg	
Bilberry Fruit Powder (Vaccinium myrtillus)	2.5 mg	*
Elderberry Fruit Powder (Sambucus nigra)	2.5 mg	*
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg	*
Resveratrol	1 mg	*
Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols)	1 mg	*
* Daily Value not established.		

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll. Stevia Leaf Extract. CONTAINS: Fish and Sovbeans

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication. or have a medical condition. Discontinue use two weeks prior to surgery. Conforms to USP <2091> for weight.