

Contains No Added sugar, salt, dairy, wheat, gluten, yeast, corn, preservatives, artificial colors or flavors.

**Suggested Use:** As a dietary supplement, adults take four (4) tablets daily with meals, or as directed by a health care professional. Store in a cool, dry place, and away from direct light.

QUALITY AND POTENCY GUARANTEED. MADE IN THE U.S.A.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

\*\* from L-OptiZinc®, a patented form of zinc.

\*\*\* from ChromeMate®, a unique, patented niacin-bound chromium.



Formulated for:  
Vitabase.com  
Monroe, GA 30656

# vitabase

## Ultra Minerals

L-OptiZinc®

CHROMEMATE®



DIETARY SUPPLEMENT  
100 TABLETS

### Supplement Facts

Serving Size: 4 Tablets

	Amount	% DV
Calcium (as citrate, carbonate, hydroxyapatite)	1000 mg	100%
Vitamin D (as cholecalciferol)	100 iu	25%
Iron (as amino acid chelate)	5 mg	28%
Iodine (from Norwegian Kelp)	225 mcg	150%
Magnesium (as oxide, citrate)	500 mg	125%
Zinc (as zinc methionine)**	15 mg	100%
Selenium (as L-selenomethionine)	100 mcg	143%
Copper (as amino acid chelate)	1 mg	50%
Manganese (as arginate)	10 mg	500%
Chromium (as polynicotinate)***	100 mcg	83%
Molybdenum (as amino acid chelate)	50 mcg	67%
Potassium (as citrate)	99 mg	3%
Horsetail herb extract (Equisetum arvense)	100 mg	*
Vanadium (as amino acid chelate)	25 mcg	*
Boron (as citrate, aspartate, glycinate)	1 mg	*
Betaine hydrochloride	160 mg	*
Trace mineral blend (from bentonite clay)	20 mg	*

\* Daily Value Not Established

**Other Ingredients:** May contain one or more of the following: magnesium stearate, cellulose, modified cellulose gum, vegetable stearin, dicalcium phosphate, silica and food glaze. Contains soy.