



# Milltrium Cardio

HEALTHY CHOLESTEROL!

NO COLOR ADDED

Multivitamin & Mineral Formula with Natural Phytosterols

COMPARE TO CENTRUM CARDIO®†

DIETARY SUPPLEMENT  
60 TABLETS

NO sugar, salt, yeast, wheat, milk, artificial colors, flavors, preservatives

DIRECTIONS: Take two tablets daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light and moisture.

Store at 15-30°C (59-86°F).

DO NOT PURCHASE IF SEAL IS BROKEN.

MADE IN THE U.S.A.

For more info, visit us at [www.windmillvitamins.com](http://www.windmillvitamins.com)



ITEM #51

TC #B9070602

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### Supplement Facts

Serving Size: 1 tablet

	Amount Per Serving	%DV
Vitamin A (as retinyl acetate and 29% beta-carotene)	1,750 IU	35%
Vitamin C (as ascorbic acid, ascorbyl palmitate, and sodium ascorbate)	30 mg	50%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as di-alpha-tocopheryl acetate)	15 IU	50%
Vitamin K (as phytylphosphonate)	12.5 mcg	16%
Thiamin (as thiamin mononitrate)	0.75 mg	50%
Riboflavin	0.85 mg	50%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine HCl)	2.5 mg	125%
Folate (as folic acid)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Biotin	15 mcg	5%
Pantothenic acid (as D-calcium pantothenate)	5 mg	50%
Calcium (as dicalcium phosphate)	54 mg	5%
Iron (as ferrous fumarate)†	3 mg	17%
Phosphorus (as dicalcium phosphate)	40 mg	4%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide)	20 mg	5%
Zinc (as zinc oxide)	3.75 mg	25%
Selenium (as sodium selenate)	10 mcg	14%
Copper (as copper sulfate)	0.35 mg	18%
Manganese (as manganese sulfate)	1 mg	50%
Chromium (as chromium chloride)	60 mcg	50%
Molybdenum (as sodium molybdate)	37.5 mcg	50%
Chloride (as potassium chloride)	29 mg	<1%
Potassium (as potassium chloride)	32 mg	<1%
Boron (as boron chelate)	16 mcg	
Nickel (as nickelous sulfate)	2.5 mcg	
Silicon (as silicon dioxide)	1 mg	
Tin (as stannous chloride)	5 mcg	
Vanadium (as sodium metavanadate)	5 mcg	
Phytosterols	400 mg	

\*Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, and pharmaceutical glaze. Contains Soy.

†Centrum is a registered trademark of Whitehall-Robins Healthcare, A Division of American Home Products Corporation, Madison, NJ.

‡WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Manufactured by Windmill Health Products™  
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