Suggested Usage: Take 1 softgel 1 to 2 times daily with food.

Vitamin E is a major antioxidant and the primary defense against lipid peroxidation.* It is particularly important in protecting the body's cells from free radical/oxidative damage.* Cell protection against oxidative damage is achievable with supplemental intakes higher than what is normally consumed in the average diet.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

SOFTGEL SIZE

CODE 0880B V4

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NOW®

Natural E-200

Antioxidant Protection*

With Mixed Tocopherols

Non-GMO

100 Softgels

A Dietary Supplement

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as unesterified d-alpha Tocopherol plus Mixed Tocopherols: d-beta, d-delta and d-gamma Tocopherol)	200 IU	667%

Other ingredients: Softgel Capsule (bovine gelatin, water, glycerin) and Organic Extra Virgin Olive Oil. Contains soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening.

Please Recycle.

GMP Quality