

Suggested Use: As a dietary supplement, take 1 capsule 1 to 3 times daily, preferably on an empty stomach or just before meals.

Warning: Please keep out of the reach of children. May reduce the ability to drive or operate machinery.

QUALITY AND POTENCY GUARANTEED.

Made in the U.S.A.



Manufactured for:
Vitabase.com
Monroe, GA 30656
888.559.3802

vitabase

True Calm™

DIETARY SUPPLEMENT
90 CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Amount % DV

Niacin (as Niacinamide)	45 mg	225%
Vitamin B-6 (from Pyridoxine Hydrochloride)	8 mg	400%
Magnesium (from Magnesium Amino Acid Chelate)	13 mg	3%
GABA (Gamma Aminobutyric Acid)	200 mg	*
Glycine	200 mg	*
Taurine	200 mg	*
Inositol	100 mg	*
Valerian (<i>Valeriana officinalis</i>) (Root)	25 mg	*

* Daily Value not established.

Other Ingredients: Gelatin (capsules) and Magnesium Stearate (vegetable source).

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Do Not Eat Freshness Packet. Keep in Bottle.
Store in a cool, dry place. Please Recycle.