Barlean's Fresh Catch® Fish Oil

is a pure and pristine source of ultra-purified, pharmaceutical-grade fish oil in natural triglyceride form.

- Free of Mercury and other Heavy Metals
- Free of PCBs and other Contaminants
- Dated for Freshness • Ultra Purified • Non-GMO

FRESHNESS DATING

LEARN MORE ABOUT A PATHWAY TO A BETTER LIFE:
barleans.com • 800/445-3529
Barlean's Ferndale, WA 98248

FreshTech Patented One-step Workflow Technology for Maximum Softgel Freshness

ESTD 1949
BARLEAN'S
PATHWAY TO A BETTER LIFE

PHARMACEUTICAL GRADE

ULTRA-PURIFIED NON-GMO

Fresh Catch®

FISH OIL
SUPPLEMENT

OMEGA-3 EPA/DHA

100 Softgels /1000 mg ea

ORANGE FLAVOR

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 50 Servings

Amount Per Serving	% Daily Value*
Calories	20
Calories From Fat	20
Total Fat	2 g 3%†
Saturated Fat	0 g †
Trans Fat	0 g †
Polyunsaturated Fat	1 g †
Monounsaturated Fat	1 g †
Cholesterol	10 mg 3%
Vitamin E	2 IU 6%
Omega-3 Polyunsaturated Fat:	
Eicosapentaenoic Acid (EPA)	360 mg †
Docosahexaenoic Acid (DHA)	240 mg †
Other Omega-3 Fatty Acids	60 mg †

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Fish oil (Anchovy, Sardine and Jack Mackerel), softgel (gelatin, glycerine, water, certified sunshine carmine, and caramel colors), and antioxidant (sunflower and soy), sunflower oil, canola oil, natural mixed tocopherols, rosemary extract, ascorbyl palmitate, ascorbic acid, and citric acid), and natural citrus flavors.

SUGGESTED USE: 2-4 softgels daily with a meal. Keep out of reach of children.

SKU#5-05

0 7 00585761007 0

PRODUCT OF U.S.A.