DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food

Mega Men® Energy & Metabolism Multivitamin

Supplement Facts Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Intanium Dioxide (Natural Mineral Wintener), Valural Alimid Mineral Wintener), Valural Alimid Mineral Mineral Wintener), Valural Alimid Mineral Mineral Mineral Wintener), Valural Alimid Mineral Minera

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	
Vitamin D (as Cholecalciferol D-3)	
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	
Vitamin K (as Phytonadione)	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	3333%
Riboflavin (Vitamin B-2)	
Niacin (as Niacinamide & Niacin)	
Vitamin B-6 (as Pyridoxine Hydrochloride)	
Folic Acid	
Vitamin B-12 (as Cyanocobalamin)	833%
Biotin	
Pantothenic Acid (as Calcium d-Pantothenate)	
Calcium (as Calcium Carbonate & Calcium Ascorbate)	
lodine (as Potassium lodide)	
Magnesium (as Magnesium Oxide)	
Zinc (as Zinc Oxide)	
Selenium (as L-Selenomethionine)	
Copper (as Copper Sulfate)	
Manganese (as Manganese Sulfate)	
Chromium (as Chromium Chloride)	
Molybdenum (as Sodium Molybdate)	

Root Powder (Fleutherococcus senticosus) Cansimay® Cansicum Seed Extract (Cansicum annuum Black Pepper Fruit Extract (Piper nigrum)(Standardized to Piperine)

Super Annoxidant Bienu		
alpha-Lipoic Acid	25 mg	
Lutemax® 2020 Lutein	2 mg	
Lycopene	1 mg	
Turmeric Root Extract (CurcuWIN™)(Curcuma longa)(Standardized to Curcuminoids)	500 mcg	
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	
Astaxanthin (from Haematococcus pluvialis)	50 mcg	
beta-Cryptoxanthin		
Choline (as Choline Bitartrate)	10 mg	
Inositol.	10 mg	
Silica (as Silicon Dioxide)		
Boron (as Sodium Borate)		
Vanadium (as Sodium Matavanadata)	10 mcg	

* Daily Value not established.

CONTAINS: Figh and Southeans entains 100 mg of caffeine

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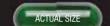
Supplement Facts

Amount Per Serving	% Daily Value
Niacin	mg100%
Caffeine Anhydrous, Capsimax® Capsicum Seed Extract	
Garcinia cambogia Fruit Extract (Standardized to Hydroxy Citric Acid)	
Green Tea Leaf Extract (Camellia sinensis)(50% EGCG = 25 mg) 50	
Green Coffee Bean Extract (Coffea sp.)(Standardized to Chlorogenic Acid) 50	mg*

Daily Value not established

Other Ingredients: Cellulose, Magnesium Stearate Vegetable Source

Contains 200 mg of caffeine



ACTUAL SIZE

Supplement Facts

Amount Per Serving Carnitine (as L-Carnitine L-Tartrate

lagnesium Stearate Vegetable Source, Silica



High Potency Omega-3

Supplement Facts Supplement Facts

Serving Size one Sortgei Capsule			
Amount Per Serving	% Dail	y Value	
Calories	10		
Calories from Fat	10		
Total Fat	1 g	<2%†	
Total Omega-3s	942 mg	,	
EPA (Eicosapentaenoic Acid)(Omega-3)	700 mg	,	
DHA (Docosahexaenoic Acid)(Omega-3)	100 mg	,	
Other Omega-3s	142 mg	,	
Palmitic Acid Monoethanolamide	25 mg	,	
†Percent Daily Values are based on a 2,000 calorie diet.			

Other Ingredients: Fish Body Oil, Gelati Slycerin Silicon Dioxide, Caramel Color



WARNING: Consult your physician prior to using this product if you are pregnant nursing taking medication or have a medical condition

GLUTEN

No Artificial Colors No Artificial Flavors No Wheat Gluten Free No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place,

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Distributed by: General Nutrition Cornoration

and Mental Health scores were also observed compared to placeb



 This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

Luten & 2020

Amount Per Serving

Kola Mut Dowdor (Cola nitida)

Nottle Leaf (Urtica dioica)

Oat Straw Stems (Avena sativa)

GARA (gamma-Aminohutyric Acid)

Daily Value not established.

Phosphate Stearic Acid Vegetable Source

WARNING: Not intended for use by those

Mannesium Stearate Venetable Source, Silica

with a medical condition. Use only as directed Do not exceed recommended daily intake

Vohimhe Rark Extract (Pausinystalia vohimhe)

Saw Palmetto Rerries Powder (Serence renens)

GNC

% Daily Value

.87.5 ma

Energy & Metabolism

Dietary Supplement

VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN[^]

- Antioxidants Energy & Metabolism
- Heart Health Sexual Health





30 PACKS

MEGA Energy & Metabolism

Achieve your daily nutritional goals with customized ingredients plus multivitamins that have more antioxidant power than ever. contain over 30 clinically studied ingredients – and are smaller and easier to swallow

- Men's Health
- Contains a clinically studied men's multivitamin formula shown to work better than a basic multivitamin.
- Antioxidants
- Packed with antioxidants to help fight free radicals that can be produced during intense exercise.
- Energy & Metabolism
- Features a clinically studied thermogenic proven to boost energy and enhance calorie burning. Also provides nutrients to support physical endurance and B vitamins for energy production.*
- Heart Health
- Has EPA, which is important for cardiovascular and circulatory health and promotes healthy cholesterol and triglyceride levels.*
- Sexual Health
- Includes herbs that are traditionally used to support sexual health and L-arginine, which plays a key role in sexual health.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease