

GNC PUREEDGE™ sets the new standard for quality, nature-based sports nutrition without sacrificing delicious taste or the performance benefits you'd expect from the industry leader by providing powerful natural compounds and clinically studied ingredients. Each product is certified banned substance free, contains no unhealthy artificial additives, and features a powerful **Functional Flavor System** that utilizes active flavoring ingredients to go beyond delicious taste and deliver additional healthy functional benefits. These innovative products give you a strong and wholesome foundation for personal improvement in any fitness pursuit.*

Complete Vegan Gainer is our all-in-one performance gainer with 560 calories from 17 plant-based sources and powerful whole-food-based blends for optimum health and nutrition. Whether you need to enhance your muscle-gaining goals or satisfy your hunger, this delicious protein contributes toward the daily nutritional needs of your healthy and active lifestyle.

This clean performance protein is free of artificial flavors and sourced from nature's best:

- 560 nutrient-dense calories from 17 powerful plant-based sources with no soy, gluten or dairy sources
- Over 10g branched chain amino acids (BCAA) to build, repair and fuel muscle♦*
- Over 7g Glutamine & Glutamic Acid to support muscle function and exercise recovery*
- 70g clean, maltodextrin-free carbs featuring ancient grains & 10g hunger-satisfying fiber*
- High-quality carbs to support glycogen replenishment for muscle energy regeneration*
- Clinically proven beet extract to enhance athletic performance*
- Made with wholesome vegetables to support daily nutritional needs†*
- 100mg Nutrient Digestion Blend made from pineapple and papaya to help support protein, fat and carbohydrate digestion*

This advanced Functional Flavor System provides amazing taste plus functions as a system to provide additional health support.* Instead of artificial ingredients, this system uses natural vanilla flavor enhanced with antioxidants to provide a natural, great-tasting flavor while protecting healthy cells from damaging free radicals.* Even the delicious natural flavor is working for you!

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LIMITED EDITION



COMPLETE *Vegan* GAINER

ALL-IN-ONE PERFORMANCE PROTEIN

- 50g Protein & 560 Calories from 17 Plant-Based Sources with No Gluten, Soy or Dairy*
- 70g Quality Carbs from Ancient Grains + Over 48g Vegan Aminos to Fuel Muscle Growth & Recovery♦*
- Made with Real Vegetables‡, 10g of Fiber + Healthy Fats from Chia & Flax*

No Artificial Flavors, Colors or Sweeteners

NATURAL VANILLA

*Enhanced with antioxidant support**

DIETARY SUPPLEMENT
Net Wt 4.44 lb (71.11 oz) 2016 g

CODE 370063 FQ6
DIRECTIONS: As a dietary supplement, combine 2-4 scoops (72-144 g) with 10-20 fl. oz. of water, almond milk, rice milk or your favorite beverage and mix well with a spoon, blender or shaker cup.

Daily Dose	Protein	Provides	Benefit
2 scoops twice daily, between meals	50g	48,000 mg amino acids	Helps meet daily nutritional needs, plus replenishes amino acids, muscle glycogen and energy throughout the day*
4 scoops once daily, anytime	50g	48,000 mg amino acids	Provides high-calorie dosage in one sitting to fuel lean muscle mass, support your muscle-gaining goals and improve athletic performance*

Supplement Facts			
Serving Size		Two Scoops (72 g)	Four Scoops (144 g)
Servings Per Container		28	14
Amount Per Serving		% Daily Value	
Calories		280	560
Calories from Fat		45	90
Total Fat		5 g	10 g
Saturated Fat		1 g	1.5 g
Total Carbohydrates		35 g	70 g
Dietary Fiber		5 g	10 g
Sugars		5 g	9 g
Protein		25 g	50 g
Calcium		70 mg	130 mg
Magnesium		120 mg	230 mg
Zinc (as Zinc Citrate)		2.5 mg	5 mg
Sodium		170 mg	330 mg
Potassium		300 mg	590 mg
Whole-Food-Based Vegan Performance Blend			
Zucchini Powder		1420 mg	2840 mg
Betaine (as BETAPOW® Betaine Anhydrous)		1250 mg	2500 mg
Ancient Peat and Apple Extract		75 mg	150 mg
Nutrient Digestion Blend			
Bromelain (from Pineapple Stem)		25 mg	50 mg
Papain (from Papaya Fruit)		25 mg	50 mg
Functional Flavor System			
Natural Vanilla Flavors, Other Natural Flavors, Cinnamon Extract (30% polyphenols = 1 mg)		5017 mg	10033 mg
† Percent Daily Values are based on a 2,000 calorie diet.			
* Daily Value not established.			

OTHER INGREDIENTS: Protein Blend (Pea Protein Isolate, White Bean Powder, Quinoa Powder, Brown Rice Protein Concentrate, Flaxseed Powder, Whole Algal Protein, Chia Seed Meal), Carb Blend (Pea Starch [as Carb10™], Sweet Potato Powder, ModCarb™ [Oat Bran, Amaranth, Quinoa, Buckwheat, Millet, Chia]), Fat Blend (Flaxseed Powder, Sunflower Oil, Safflower Oil, Chia Seed Meal), Polydextrose, TRAACS® Magnesium Bisglycinate Chelate, Gum Blend (Organic Gum Acacia, Organic Guar Gum, Xanthan Gum), Monk Fruit Extract, Silicon Dioxide, Stevia Extract.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

Complete Vegan Gainer Contains:

- ✓ No Gluten
- ✓ No Dairy or Lactose
- ✓ No Soy
- ✓ Non-GMO^
- ✓ No Banned Substances
- ✓ No Artificial Flavors, Colors or Sweeteners
- ✓ No Preservatives
- ✓ No Wheat, Yeast, Fish or Egg
- ✓ No Sugar Alcohols

^Our products are tested by an independent third party lab for genetically modified material and test below a 0.9% threshold.



TYPICAL AMINO ACID PROFILE PER FOUR SCOOP SERVING			
Arginine	3899 mg	Lysine	3866 mg
Alanine	2124 mg	Methionine	499 mg
Aspartate	5433 mg	Phenylalanine	2536 mg
Cystine	652 mg	Proline	1731 mg
Glutamine & Glutamic Acid†	7738 mg	Serine	3835 mg
Glycine	1848 mg	Threonine	1736 mg
Histidine	1007 mg	Tryptophan	406 mg
Isoleucine†	2360 mg	Tyrosine	370 mg
Leucine†	4094 mg	Valine†	4417 mg
Total		48551 mg	

† Indicates Branched Chain Amino Acids (BCAA).
• Contribution from Glutamic Acid only.



^ When used in conjunction with an exercise program
† Based upon dried vegetables.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

