

Suggested Usage: Take 1/8 level teaspoon daily in juice or water, preferably on an empty stomach. **Do not exceed recommended dose.**

L-Theanine is a unique amino acid found naturally in the tea plant (*Camellia sinensis*). L-Theanine promotes relaxation while maintaining alertness and promotes healthy cognitive function.* L-Theanine may also support healthy vascular function through this relaxing effect.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially blood pressure medications), or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet Enclosed.

Natural color variation may occur in this product.

CODE 0262 V1



L-Theanine Pure Powder

Tension Management*

- Promotes Relaxation*
- Healthy Vascular Function*

Net Wt. 1 oz. (28 g)

A Dietary Supplement Vegetarian/Vegan

Non-GMO

Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 1/8 Level Teaspoon (approx. 0.3 g)
Servings Per Container about 93

Amount Per Serving

L-Theanine	285 mg*
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* Daily Value not established.

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

