SUGGESTED USE Consume one or two capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multi-vitaminmineral formulas. For answers to questions about the use of this product, call 800.808.7311.



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CINNAMON 350

350 MG STANDARDIZED EXTRACT SUPPORTS HEALTHY GLUCOSE METABOLISM



240 Easy-to-Swallow Capsules

Andrew Lessman's CINNAMON 350 offers a unique concentrated blend of standardized extracts of Cinnamon Bark delivering the powerful protective compounds naturally present in this popular and respected spice. For centuries, Cinnamon has been sought after, not only for its distinctive flavor, but also for its health-promoting properties. In fact, Cinnamon remains one of the oldest herbal remedies used in traditional Chinese medicine. Recently, **Cinnamon** has gained popularity for its ability to help support healthy blood sugar balance and glucose metabolism. Research attributes these benefits to the powerful activity of the Type-A polyphenols present in Cinnamon Bark Extract. Our Cinnamon 350 delivers a comprehensive standardized blend of Type-A polymers from three unique Cinnamon extracts. As with all plant-based supplements, there is more to making a quality Cinnamon product than placing some ordinary, powdered Cinnamon into a pill. To receive the benefits of **Cinnamon**, **Supplement Facts** one must always seek standardized extracts of Cinnamon Bark delivering beneficial levels of their key protective compounds. Our unique, concentrated blend of three distinct standardized extracts of Cinnamon Bark assures the most comprehensive and broadest spectrum protection from this remarkable natural ingredient. 4:1 Concentrate

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.

Serving Size 1 Capsule **Servings Per Container 240 Amount Per Serving** 30 mg 50% Vitamin C (as calcium ascorbate/ascorbyl palmitate) Cinnamon Bark Blend (Cinnamomum cassia) 350 mg extract/powder (bark) standardized to 8% Flavones 200 mg standardized to 3% Type A Polymers 100 mg

 Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established.

50 mg

Other Ingredients: Gelatin capsule.