

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC
PRO
PERFORMANCE

1500MG
L-GLUTAMINE

L-GLUTAMINE

Plays an Important Role in Muscle
Function Pre- & Post-Exercise*

DIETARY SUPPLEMENT
180 CAPSULES

CODE 987912

FRG

PRO PERFORMANCE® RESULTS

Supplementation may help maintain glutamine levels that have been depleted as a result of intense exercise and may support muscle function.* Glutamine is involved in protein synthesis and plays a pivotal role in the body's nitrogen balance.* It serves as a fuel for the immune system and maintenance of proper intestinal function.*

DIRECTIONS: As a dietary supplement, take 2-4 capsules daily, preferably 2 capsules before exercise and 2 capsules after exercise.

Supplement Facts		
Serving Size Two Capsules		
Servings Per Container 90		
Amount Per Serving		
L-Glutamine	1500 mg	*
* Daily Value not established.		

OTHER INGREDIENTS: Gelatin.

Potency verified by GNC procedure #5052.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free,
No Wheat, Gluten Free, No Corn, No Soy, No Dairy, Yeast Free.



* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: