

Supplement Facts

serving size: 47g (~5 rounded tbsp) servings per container: 20

Amount per Serving
Calories 181 Calories from Fat

% dail

	value
Total Fat 3g	4.6%
Saturated Fat 1g	5%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 319mg	13%
Total Carbohydrates 19g	6%
Dietary Fiber 4g	16%
Sugar 0.5g	
Protein 29g	

† Percent daily values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Other Ingredients: Pea Protein Isolate, Rice Protein Concentrate 80% (non-gmo), Xylitol, Natural Pineapple Flavor.

Recommendations: Take one serving daily mixed in water or juice, or as directed by yo healthcare professional.

Mixing Instructions: Place powder into a glawith 2-4 ounces of warm water and mix thoroughly with a fork. Once the powder is mixed, add the remaining water, juice, or desire drink to make 8-12 ounces.

Warning: If pregnant, consult a physician before taking.

CONTAINS NO YEAST, WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN, EGGS, HYDROGENATED OIL, ARTIFICIA COLORING, ARTIFICIAL FLAVORING, OR PRESERVATIVES

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

MADE IN THE USA

Independently tested for authenticity, potency, solvent residue, stability and bacteria, yeast and mold counts.

Inner Seal may lift off when cap is removed. Seal integrity is maintained until cap is removed.

		amount per serving	% daily value	
			value	
	Vitamin A	5000IU	100%	
	(50% as beta carotene and mixed carotenoids-50% as vitamin A acetate)			
	Vitamin C	200mg	333%	
-1	Vitamin D3 (as cholecalciferol)	300IU	75%	
у	Vitamin E	100IU	333%	
e	(as d-alpha tocopheryl succinate)			
e % % %	Thiamin (as thiamine HCI)	2mg	133%	
%	Riboflavin	3mg	176%	
%	Vitamin B6 (as pyridoxine HCI)	2mg	100%	
	Folate (as L-5-MTHF) Metafolin®	200mcg	50%	
<u>%</u>	Vitamin B12 (as cyanocobalamin)	100mcg	1667%	
	Biotin	2.5mg	833%	
%	Pantothenic Acid (as calcium pantothenate		500%	
	Calcium (as dicalcium malate)	200mg	20%	
	Magnesium (as dimagnesium malate)	200mg	50%	
2	Zinc (as zinc citrate)	15mg	100%	
1	Selenium (as selenomethionine)	100mcg	143%	
	Manganese (as manganese aspartate)	1.5mg	75%	
	Chromium (as chromium polynicotinate	e) 400mcg	333%	
	Molybdenum (as molybdenum citrate)	50mcg	67%	
	Potassium (as potassium chloride)	100mg	3%	
/,	MSM (methylsulfonylmethane)	100mg		
our	Glycine	2000mg		
	Taurine	500mg		
ass	N-Acetyl Cysteine	200mg	*	
	Broccoli Powder	100mg	*	
	Cinnamon Bark	750mg		
ed	Quercetin dihydrate 90%	250mg	*	
	Curcumin Phytosome Extract	200mg	*	
	(Curcuma longa rhizome extract with phosphatidylch			
	Rutin	200ma	rom soy))	
	Hesperidin	200mg		
AL S.	(from Citrus Bioflavonoid Complex 55-6 Niacinamide			
٠.	Proprietary Blend	25mg 3.3q	*	
	L-Glutamine, Medium Chain Triglyceride O		nan	
	Lysine HCl, Boron (boron citrate), Vanadium (vanadium citrate.)			
	Lysine nci, boion (boron citrate), vanadiun	ii (variadium	citiate.)	

manufactured by VITAL NUTRIENTS 45 Kenneth Dooley Drive Middletown, CT 06457 USA

Daily Value not established

