

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

2 capsules 2 or 3 times daily
with food or as directed by
your healthcare professional.

Warning

If pregnant, consult your
physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST,
WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN,
SOY PROTEIN, EGGS, SUGAR, HYDROGENATED
OIL, ARTIFICIAL COLORING, ARTIFICIAL
FLAVORING OR PRESERVATIVES.

Independently tested for
authenticity, potency, solvent
residue, stability and bacteria,
yeast and mold counts.




VITAL
NUTRIENTS

**Calcium &
Magnesium**

225mg/75mg

DIETARY SUPPLEMENT

100 CAPSULES

Supplement Facts

serving size: 1 capsule

servings per container: 100

	amount per serving	percent daily value
Calcium	225mg	22.5%
(as 50% dicalcium malate and 50% calcium carbonate)		
Magnesium	75mg	18.75%
(as 40% dimagnesium malate and 60% magnesium oxide)		

Other Ingredients: Gelatin Capsule, Leucine,
and Magnesium Silicate.

MADE IN THE USA

manufactured by
VITAL NUTRIENTS

45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA