



30% Increase in Muscle Strength[□]
The unique protein blend includes an anabolic module of 20 grams of whey protein and 6.2 grams of leucine that was clinically tested in an 8-week study of athletes performing an intense resistance exercise training regimen. The athletes using this proprietary module of whey protein and leucine demonstrated an increased improvement in muscle strength and muscle size as compared to those performing the same exercise training regimen who did not consume the proprietary module. In a clinical study of participants using a unilateral lower limb resistance training protocol, even the untrained limb demonstrated increases in muscle size.*

STACK WITH PRO PERFORMANCE® AMP Amplified N.O. Loaded™ V2 and Strength Vitapak® Program.

[□]In an eight-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training + active or carbohydrate placebo to 20 sets resistance training alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.

*When used in conjunction with an exercise program. As with any food product, use of this product alone will not lead to increased muscle mass or strength.

[†]Per 3 scoop serving.

[□]Inclusion of these enzymes resulted in a 12% greater protein breakdown as measured by the release profile of the amino acid tyrosine. These results represent the enzyme activity potential under simulated conditions. Effects in the human body have not been studied.

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Aminogen® & Carbogen® are registered trademarks of Triarco Industries.

CereCalase® is a registered trademark of National Enzyme Company.

Enzyme Matrix™ is a GNC Trademark.



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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General Nutrition Corporation
Pittsburgh, PA 15222



AMPLIFIED WHEYBOLIC EXTREME 60™ POWER 7 PRODUCTS IN ONE

- 60g Whey Isolate & Hydrolysates to Support Muscle Recovery & Growth^{±†*}
- Clinically Proven Ingredients Deliver More Strength & Power + Testosterone Support*
- 600mg Testofen® Fenugreek to Boost Anabolic Factors in the Body & 3g Creatine Blend^{‡*}
- 18g BCAA to Stimulate Protein Synthesis for Improved Muscle Recovery^{‡*}



CLINICALLY RESEARCHED

STRAWBERRIES & CREAM

NATURAL + ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT
Net Wt 46.5 oz (2.90 lb) 1320 g

CODE 386406

DIRECTIONS: Once per day as a dietary supplement, consume 1-3 scoops of GNC Pro Performance® AMP Amplified Wheybolic Extreme 60™ Power in 4, 8 or 12 fl. oz. of cold water respectively, 30 minutes after your workout. On non-training days, consume one serving first thing in the morning. For extreme results, take the full 3 scoop serving twice per day, pre- and post-workout.

Daily Dose	Protein	Power Complex	Benefit
1 scoop 30 minutes post-workout or in the morning	20 g	7.19 g	Helps meet protein needs & fuels metabolism*
2 scoops 30 minutes post-workout or in the morning	40 g	14.38 g	Fuels muscles & metabolism, supports recovery & muscle protein synthesis*
3 scoops 30 minutes post-workout or in the morning	60 g	21.6 g	Increase muscle size, anabolic factors, and power & strength by 30% ^{‡*}

Supplement Facts											
Serving Size			1 Scoop (29.3 g)			2 Scoops (58.6 g)			3 Scoops (88 g)		
Servings Per Container			45			22			15		
Amount Per Serving			% Daily Value			% Daily Value			% Daily Value		
Calories			100			200			300		
Calories from Fat			5			15			20		
Total Fat			0.5 g	1%†		1.5 g	2%†		2 g	3%†	
Saturated Fat			<0.5 g	2%†		0.5 g	3%†		1 g	5%†	
Cholesterol			10 mg	3%		20 mg	7%		30 mg	10%	
Total Carbohydrate			4 g	1%†		7 g	2%†		11 g	4%†	
Sugars			1 g	*		3 g	*		4 g	*	
Protein			20 g			40 g			60 g		
Calcium			220 mg	22%		430 mg	43%		650 mg	65%	
Sodium			90 mg	4%		170 mg	7%		260 mg	11%	
Potassium			120 mg	3%		240 mg	7%		360 mg	10%	
Power Complex											
Leucine			3.33 g	*		6.66 g	*		10 g	*	
(as Whey Protein Isolate, Micronized L-Leucine, Hydrolyzed Whey Protein)			1.33 g	*		2.66 g	*		4 g	*	
Isoleucine			1.33 g	*		2.66 g	*		4 g	*	
(as Whey Protein Isolate, Hydrolyzed Whey Protein)			1.33 g	*		2.66 g	*		4 g	*	
Valine			1.33 g	*		2.66 g	*		4 g	*	
(as Whey Protein Isolate, Hydrolyzed Whey Protein, Micronized L-Valine)			1 g	*		2 g	*		3 g	*	
Creatine (as Creatine Monohydrate, Creatine HCl)			200 mg	*		400 mg	*		600 mg	*	
Testofen® Fenugreek Seed Extract (Trigonella foenum-graecum)											
Amino Acid Blend											
Glutamine			3.43 g	*		6.86 g	*		10.3 g	*	
(as Whey Protein Isolate, Hydrolyzed Whey Protein)			366 mg	*		733 mg	*		1.1 g	*	
Arginine											
(as Whey Protein Isolate, Hydrolyzed Whey Protein)											
Amino Acceleration System											
Enzyme Matrix™ Blend (Amylase, Protease 4.5, Protease 6.0, CereCalase® [Hemicellulase, Beta-glucanase, Phytase], Peptidase, Alpha-galactosidase, Glucoamylase, Bromelain, Protease 3.0, Lipase, Protease AM, Invertase, Lactase), Aminogen®, Carbogen®			79 mg	*		158 mg	*		239 mg	*	

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Dicalcium Phosphate, Lecithin, Nonfat Dry Milk Powder, Citric Acid, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Malic Acid, Sucralose, Beet Powder, Salt, Acesulfame Potassium, Tartaric Acid.

CONTAINS: Milk and Soybeans.

WARNING: For adult use only. Use only as directed. Consult your physician prior to using this product if you are pregnant, nursing, under 18 years of age, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

BQG

TYPICAL AMINO ACID PROFILE PER THREE SCOOP SERVING			
Alanine	2913 mg	Lysine	5194 mg
Arginine	1223 mg	Methionine	1218 mg
Aspartate	6450 mg	Phenylalanine	1799 mg
Cystine	1440 mg	Proline	4023 mg
Glutamine & Glutamic Acid	10310 mg	Serine	2809 mg
Glycine	982 mg	Threonine	4179 mg
Histidine	1095 mg	Tryptophan	1020 mg
Isoleucine [†]	4007 mg	Tyrosine	1747 mg
Leucine ^{†*}	10088 mg	Valine ^{†*}	4003 mg
Total			64500 mg

[†] Indicates Branched Chain Amino Acids (BCAA).

* Denotes naturally occurring and added free form amino acids.

What is Amplified Wheybolic Extreme 60™ Power?

GNC's most advanced protein, Amplified Wheybolic Extreme 60™, has evolved even further to help meet your specific training goals and develop more strength and power. This product is the only whey protein isolate to combine the whey and leucine clinically shown to fuel increased strength and size with additional ingredients proven to amplify power and anabolism. This formula features a protein blend that has been validated in clinical studies to give you a 30% increase in strength[□], increased muscle size and a 100% improvement in exercise efficiency.^{±*} Our GNC scientists have AMPed up the protein with a Power Complex featuring an mTOR-stimulating BCAA blend for protein synthesis and added creatine to increase anabolic muscle growth[‡], making this product a combination of 7 products in 1!^{*}

Amplified Wheybolic Extreme 60™ Power – Break Plateaus, Build Power
This breakthrough formula takes

protein functionality and performance to new levels so you can break through plateaus and achieve a new level of muscular power.*

Power Complex

In addition to 10 grams of leucine, this formula is stacked with 4 grams of both isoleucine and valine to stimulate mTOR activation and give you a powerful boost of all three BCAA to fuel your workouts and enhance your recovery.[‡] This product has upped the ante and added a 3 gram creatine blend to boost anabolic factors in the body, increase athletic performance and fuel strength[±] + 600mg of Testofen® Fenugreek to help support testosterone levels in the body.^{‡*}

Highly Effective Whey-Leucine Base
The impressive 60 grams of protein is made entirely from two of the highest

quality, fast-absorbing forms of whey protein, isolates and hydrolysates, including 10 grams of leucine to create an ideal environment for muscle protein synthesis.[‡] This potent blend delivers arginine, which is involved in creatine synthesis, and over 10 grams of glutamine to provide anabolic effects.[‡] In fact, the whey and leucine blend in this product has been shown to increase muscle strength and stamina with half the sets.^{**}

Powerful Amino Acid System

This product is loaded with arginine and glutamine, two key amino acids necessary for muscle building and recovery.* Over 10 grams of glutamine helps to combat catabolism and support muscle function, while arginine helps to support blood vessel tone and blood flow, and is involved in the production of creatine.^{‡*}

Digestive Enzyme Blend for 12% Greater Protein Breakdown

This digestive enzyme blend with proven bioactivity is designed to accelerate the availability and absorption of amino acids in muscles.* This proprietary enzyme blend provides a 12% greater protein breakdown for improved uptake.^{**}

Amplified Wheybolic Extreme 60™ Power Features 7 Products in 1!

1. Whey Protein Isolate
2. Amino Acid Complex
3. BCAA Complex
4. Leucine
5. Creatine
6. Fenugreek
7. Digestive Enzymes