SUGGESTED USE Consume one or more capsules daily or as recommended by a health care professional. For best results, take this product with food containing a small amount of fat or oil. This product is most effective as part of a healthy diet and active lifestyle, along with one of ANDREW LESSMAN'S multivitamin-mineral formulas. Of course, given its role in energy production, we always recommend our TruQ10 be taken with a high-potency B-Complex vitamin, including high levels of Vitamin B-12 that have been protected for oral absorption. For answers to questions about the use of this product, call 800.808.7311.

THIS PRODUCT IS ONLY AVAILABLE FROM



800.944.9999 www.HSN.coм PROCAPS.
LABORATORIES

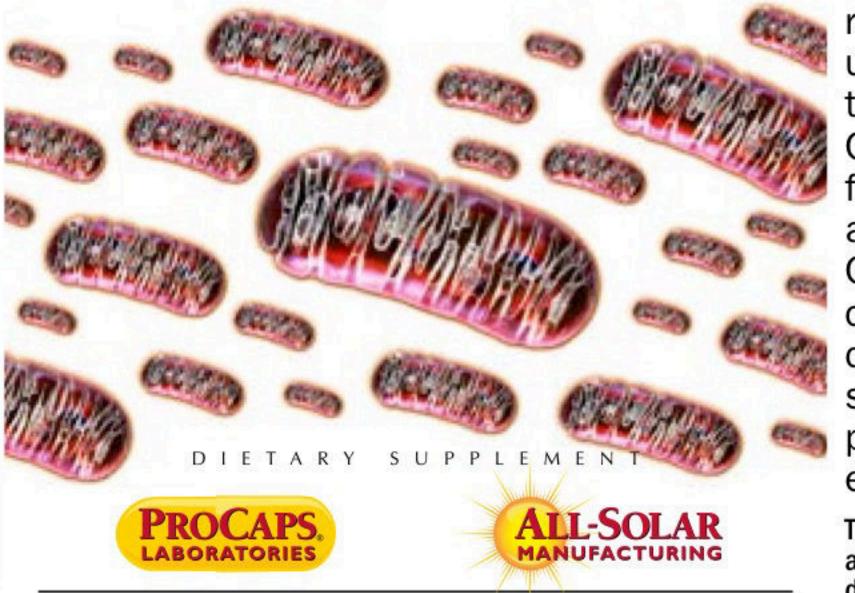
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TRUQ10-QH UBIQUINOL 50

50 MG ALL NATURAL COENZYME Q-10 CELLULAR ENERGY AND PROTECTION



les

diagnose, treat, cure or prevent any disease.

CONTAINS NO COMMON ALLERGENS OF ANY KIND

Andrew Lessman's TruQ10-QH provides 50 mg of Ubiquinol (QH) or as we prefer to call it - TruQ10. It is only subtly different from standard CoQ10 (Ubiquinone), but it is recognized as the "active" natural form of CoQ10. For almost 30 years, **Andrew Lessman** has been the unquestioned leader in educating the world about the benefits of CoQ10 and now, also as **TruQ10**. Both CoQ10 and **TruQ10** are naturally found in their highest concentrations in our most vital organs (Heart, Brain, Liver, Kidneys and Pancreas). CoQ10 and TruQ10 must both be present in all cells at all times for energy to be produced and for life to exist. TruQ10 is considered the "active" form of CoQ10 because when CoQ10 goes to "work," it does so as **TruQ10**. In other words, by delivering **TruQ10** directly, we may enhance the effectiveness of CoQ10. Unfortunately, TruQ10 is also extremely fragile requiring the creation of a special formulation to protect it from light and oxidation. Our unique Gamma Tocopherol-rich formula guarantees all the benefits of TruQ10, along with those of hard-to-find Gamma Tocopherol. To be alive, all cells require both TruQ10 and CoQ10; and our unique TruQ10 directly provides the benefits of CoQ10's most "active" form to our most vital organs. TruQ10's enhanced activity becomes even more desirable and beneficial as we all experience the many factors that conspire to lower our body's

CoQ10 levels, including aging, health challenges, cholesterol-lowering statin drugs, as well as physical or emotional stress. In short, **TruQ10** is an essential part of any science-based anti-aging or energy program.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts
Serving Size 1 Softgel
Servings Per Container 240

Amount Per Serving

Vitamin E (total natural tocopherols)
as natural d-gamma tocopherol

Natural Ubiquinol (Activated CoQ10)

† Daily Value not established.

Other Ingredients: Medium chain triglycerides, Soft-gelatin capsule (Gelatin, purified water, glycerin, natural caramel color (non-GMO)).